

Official Newsletter of the American Psychological Association,
Division 38

The Health Psychologist

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President's Column

Karina Davidson, Ph.D.



It is with great gratitude and excitement that I write this first contribution as your Division 38 President. There are a number of stimulating and I hope helpful initiatives that the Board will work on, and I will devote most of this column to sharing these plans, as we hope to involve many of you in our intrigues.

First, we will be engaged in a long-term strategic planning process this year. Our last full strategic plan was created after a year-long process in 2002, and many of our goals and action items have been implemented, with many still a top priority, and requiring our continued attention. Briefly, the goals from that plan included:

GOAL 1. Become the recognized leader for health psychology, nationally and internationally

GOAL 2. Assert proactive advocacy for health psychology in research, practice, education, policy and the public interest

GOAL 3. Improve the internal functioning of the Division

GOAL 4. Ensure diverse representation and the future vitality of the Division

GOAL 5: Promote research and ensure that it is the basis of applied work in Health Psychology.

With a changing workforce, communication style, and new training and educational needs, we need to look long and hard at *how* professional societies will serve their members in the upcoming years. Membership in the American Psychological Association has been stagnant for a number of years, and attendance at the annual convention has been waning. More concerning is that the average member

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From the Editor's Desk

What Are Those Europeans Up To Anyway?

Kevin S. Masters, Ph.D.



News Flash: The editor's desk has been temporarily relocated to Heathrow Airport. Turns out the editor is making his way back from attending the annual convention of the European Health Psychology Society (EHPS). This year's meeting was called the largest health psychology gathering ever held in Europe, combining the EHPS with the division of health psy-

chology of the British Psychological Society. I believe there were over 800 "delegates," as we were called, in attendance.

Obviously the convention drew delegates from all over Europe, including Eastern Europe, but also in attendance were participants from New Zealand and Australia along with a small, but notable, contingent of Americans. No doubt other countries were represented that I failed to notice.

When I met folks, many were surprised to see an American in their midst (even though Janice Kiecolt-Glaser was a keynote speaker). One confused individual tried to figure out how New York could be in Europe. Seriously! I think she thought there was a Syracuse, New York in Europe that she had somehow failed to notice. I reassured her, I think, that I

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is 55 years old, and the younger members are not joining divisions, and are not attending the convention—there are also fewer of them each year. Rather than thinking of this as a recruitment and retention issue, I think we should ask why societies were helpful in the past, and what functions they will, and can, serve in the future.

I started attending conferences as a clinical psychology graduate student because that was the only way to hear about the latest science and practice. It was also an excellent way to meet the senior leaders in health psychology, and so to network with my peers and (soon-to-be) colleagues. Information about positions, opportunities, and collaborations all needed to happen more-or-less face-to-face. However, we now have the internet, webchats and blogs, and eprint ahead of publication, all to some extent replacing some of the critical functions of a convention.

Rather than viewing this as a problem, I think this serves as an excellent catalyst to ask members what professional needs the web is NOT serving these days. Why would you travel to a distant spot and leave your family and work and personal life for a few days? Perhaps because training critical to your success is more easily provided in person; perhaps to offer and receive professional support; perhaps to give and receive mentoring; perhaps to meet future internship, predoctoral and postdoctoral internship directors, and to engage in job interviews. We will be asking these questions of you in the near future, and of ourselves, your elected officials, as we start to design our new 5-year strategic plan.

We are also going to try two radically different endeavors at the APA annual convention this year. We will have 3-4 master researchers/clinicians provide Evidence-based Case rounds in differing health psychology topics. Presenters will start with a case, review the evidence available for treating the presenting problem, and then describe how intervention progressed in that specific case. We hope this will be enjoyable to both researchers and clinicians, as we seek new ways to provide our critical contributions to health psychology—both the science and the practice.

Second, Health Psychology is joining APA President James Bray in his new convention initiative the ‘Convention within the convention’. We have donated 10 hours of programming to this endeavor, and believe this will create an opportunity to share Health Psychology’s expertise with the rest of the APA. Dr. Christopher France has kindly agreed to serve as our liaison and intellectual leader in the design of this new convention format.

Next, we are co-hosting a mid-year convention with

Division 22, Rehabilitation Psychology. It will take place in **Jacksonville, Florida, from February 27-March 1. Please save the dates!** We will send out details about the exciting programming in upcoming Health Psychologist issues, and we will consider if a mid-year (or mid-fall) Health Psychology convention would better serve our members needs, as one part of our strategic planning.

We have a new website! You will find many interesting tidbits, as well as information critical to your career. Please visit, and send us feedback about it-- <http://www.health-psych.org/>

Professional Opportunities for You

I want to encourage all health psychologists to consider obtaining the recognition you deserve. If you have practiced for 5 or more years, and haven’t applied for ABPP (American Board of Professional Psychology) in Health Psychology, please consider doing so (http://www.abpp.org/certification/abpp_certification_clinical_health.htm). I am going to submit my application this fall, and although there is some paperwork, and the process may arouse some memories of internship applications (when did you last request a transcript?), it is well worth it.

If you have made outstanding contributions to health psychology, please consider applying for Fellowship status (<http://www.health-psych.org/membership/fellows.php>) by December 15th. If you have questions about this process, or if you are appropriate for this award, please consider emailing your questions to me (karina.davidson@mac.com) or to Barbara Keeton, apadiv38@verizon.net.

If you are a graduate student, consider applying for our Research award program (<http://www.health-psych.org/awards.php>). The deadline is January 15th, which will be here before you know it!

Finally, do you know a health psychologist (including yourself) who excels at clinical practice? Nominate that person for the Timothy Jeffrey Award for Outstanding Contributions to Clinical Health Psychology! We need to celebrate and recognize all of our members, and this is one way to accomplish that goal (<http://www.health-psych.org/awards.php>).

I want to end by thanking everyone on the Division 38 Board and committees, for all your hard work and heartily offered volunteerism. A special shout-out to Beverly Thorn, our Past-President, for all her mentoring and guidance through this past year, and her yeoman’s work invigorating Health Psychology—from trainees to our senior leaders. She has been an inspiration to watch in action, and we have all benefited from her leadership and vision.

Obituary

Marion Wendler Routh, 70, died September 10, 2008 in Estero, FL, in her home, with her husband, long-time Division 38 member and contributor to this newsletter, Don, of 48 years by her side. Complications of cancer treatment were likely responsible for her death. Cremation was arranged by the Neptune Society. A frugal person, she always said that if any of her survivors paid for an elaborate funeral, she would come back and haunt them! Memorial donations may be made to the Marion W. Routh Memorial Scholarship Fund (in Environmental Studies), established by the Florida Gulf Coast University Foundation, 10501 FGCU Blvd. S., Ft. Myers, FL 33965-6565.

Europeans

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was only a benign infiltrator from the New York she had, indeed, heard about (or close enough to it). Overall I'm not certain how the Europeans feel about having Americans in attendance. My interactions were uniformly friendly, but there did seem to be some confusion as to why I was there, as if I had accidentally been too enthusiastic when I made up my calendar for the year and failed to notice that this particular convention was, surprise-surprise, in Europe! I suppose this is to be expected given the sponsoring organization.

So why was I in Europe for this meeting? Actually (as the Brits say), there were several reasons that came together at one time to make it a meeting that was well worth my attendance. First, several years ago Jim Blumenthal, during his D38 presidency, asked me if I would liaison with my counterpart in the EHPS. To this end I invited her to contribute a piece in the *Health Psychologist* and then I reciprocated the favor. Then, as some of you hopefully remember, we had a productive and lively exchange in one of our recent issues of *the Health Psychologist* (Vol. 30, No.1, Spring, 2008) regarding the possibility that American journal editors may be biased against non-North American authors. One of the points of contention in that debate was the relative absence of non-North American members of journal editorial boards. As an Associate Editor of one of the journals in question, I thought it reasonable to go to Europe and get a better sense for the current hot topics in health psychology from a European perspective and to better make the acquaintance of colleagues from the continent. I have been a member of EHPS for several years and enjoy the organization's major publication, *Psychology and Health*, but thought I might learn more by attending the meeting. Finally, I have a colleague from the UK that I am involved in some research with and so this gave us the perfect opportunity to get together for work and catching up. I convinced a few students and stateside colleagues to help with some poster submissions and off I flew to England.

I made several discoveries. First, was there a distinctly European perspective that was represented at the conference? Probably any claim to have identified one and to then describe it would result in a gross oversimplification of the views of European health psychologists. But I do think there is greater openness to certain areas of investigation. For example, the relation of personality to health issues was one I noticed and more attentiveness to non-cognitive-behavioral forms of intervention and conceptualization seemed to be another. Admittedly, my level of certainty of the validity of these impressionistic findings is very low.

I am more confident in the experiences I had with chaired poster sessions. In the States I have been to poster sessions that had someone designated as the overall chair but I have never quite figured out what that person is expected to do, except perhaps imbibe in a refreshing beverage during the poster session and be jovial! So when I arrived in England and belatedly found out that I was to participate in chaired presentations of my posters

I was uncertain as to what to expect. This was also new for the Europeans so I was not alone in my apprehension. Here's how it works. First, there is not one chair but many, one for each grouping of posters. The posters were organized by theme into groups of about 6 each. Then about 10 minutes after the poster sessions commenced the chair for that group of posters would begin the presentations. S/he would introduce the poster's author and then (in theory) the author had 2 min to present the poster followed by 3 min of questions. In fact the chairs I worked with all allowed closer to 5-7 min for the poster presentation and the same time for the questions. The result was that each presenter had a virtual guaranteed audience as the other members of that group were sure to be there. But also many other individuals would stop by for the presentations. At one of my presentations I counted (while presenting by the way – try it, not easy) 25 people gathered around. All in all it made for a lively exchange and, I thought, a better poster experience. AND there was still unstructured time for perusing other posters, visiting, etc. Perhaps some of you have had experience in this type of poster session format and would like to comment. I don't know how well it would be received stateside but it might be worth a try and could bring more life to the poster sessions. For sure I will be better versed in my posters next time!

Another concept that I noticed was something called CREATE (Collaborative Research and Training in the EHPS). It was founded by junior members of EHPS, as legend has it in a Scottish pub, on the heels of successful workshops funded by the EU. Though the money dried up the group decided to continue the workshops. Now in their 10th year, they provide a forum for an established health psychologist to work with those who are no more than 2 years post-PhD (and they may be pre-doctoral as well) at each yearly convention. According to the brochure I picked, the group provides "...a platform for early career health psychologists aiming at sharing experiences, building international research networks and collaboratively learning from experts." And they seem to have quite a bit of fun doing it! Not a bad idea I thought.

Generally I found the conference to be of about the same quality as conferences in the States. Some presentations were excellent, and others were more like mine. The level of student involvement seemed a bit more robust than what I've seen in the US and I wondered if it had anything to do with the location of the conference. Like many conferences in Europe it was located on the campus of a university (University of Bath) at a time when class was not in session. This helps keep costs in line and might make the meetings more affordable to students, though I am only guessing at this.

Well, I suppose that is enough of this travel log. Sorry, I don't have pictures to go with it; I'm sure you are very disappointed. I can say that it turns out those Europeans are up to quite a lot. It was a jolly good time and an experience I recommend. – just review your posters first!

2008 Outstanding Contribution to Health Psychology “Senior” Award

Sheldon Cohen, Ph.D.

*Introduction by
Michael Scheier, PhD.*



Sheldon Cohen is the 2008 recipient of the Outstanding Contributions to Health Psychology (Senior) Award presented by Division 38 (Health Psychology) of the American Psychological Association. Sheldon is particularly worthy of this award. For over 30 years, he has helped us to understand the roles of social and psychological factors in health and well-being. This includes work on psychological stress, social networks, positive and negative affect, personality and social economic status. Much of Sheldon's work has focused on how these psychosocial factors influence immunity, particularly susceptibility to infection, but also their influence on the onset and progression of asthma, cardiovascular disease and cancer. His work includes both laboratory and field studies whose focus is to identify biological and behavioral mechanisms that link psychosocial variables to immunity and disease but also studies of the effectiveness of psychosocial interventions on health outcomes.

Along the way, Sheldon has published numerous theoretical and empirical papers. His work has appeared in the best psychological journals but also in the elite medical journals. He has also produced a handful of seminal review papers on topics such as stress and disease, social support, depression and immunity, and positive affect and health. These articles have provided a theoretical context within which studies in an area might be viewed and understood. They have also helped to set the research agenda for the field into the future and several have gone on to become citation classics. Taken in their entirety, Sheldon's papers have been cited over 14,000 times. He has been elected to the National Academy of Science's Institute of Medicine, and has received lifetime distinguished contribution awards from the American Psychological Association, the American Psychological Society, and the American Psychosomatic Society. Earlier in his career he received the “Junior” Award for Outstanding Contributions to Health Psychology from Division 38. That earlier award was in recognition of the early contributions that he made to the field of health psychology. The present award reflects the contributions that he has made across his lifetime. Both awards are warranted and well-deserved.

Division 38 Graduate Student Research Award Program

The Division of Health Psychology (Division 38) of the American Psychological Association is sponsoring five graduate student awards of up to \$1500 to support new research. Two of the awards will be reserved for studies in **general health psychology**, in any of the following areas: 1) understanding the etiology, promotion and maintenance of health; 2) prevention, diagnosis, treatment and rehabilitation of physical illness; 3) psychological, social, emotional and behavioral factors in physical illness; and 4) health care systems and health policy. One award will be designated for research in **child health psychology** (i.e., any study addressing one of the topics outlined above within a sample comprised primarily or exclusively of children or adolescents). Two additional awards will be reserved for research addressing **health disparities**, defined as “differences in the incidence, prevalence, mortality, and burden of diseases and other adverse health conditions that exist among specific population group” (National Institutes of Health), or addressing **ethnic minority health**. In particular, these awards are intended to support research focusing on various health conditions that are more prevalent, serious, or specific to disadvantaged and medically underserved groups, or on healthcare inequities relevant to these groups, specifically, ethnic minorities and socio-economically disadvantaged individuals in rural and urban areas.

The program is open to all full-time students at the graduate level. Applicants for the awards must be Division 38 members (or have submitted a membership application for 2009). Research proposal submissions must be received by January 15. For information regarding the application process, please contact Julie Wagner at juwagner@uchc.edu. We look forward to receiving your proposal by the January 15th deadline!

2008 Outstanding Contribution to Health Psychology “Junior” Award

Julienne E. Bower, Ph.D.

Introduction by
Annette Stanton, Ph.D.



This year's recipient of the Division 38 Award for Outstanding Contributions to Health Psychology (“Junior” Award) is Dr. Julienne Bower. Professor Bower completed her B.A. at Brown University in 1988 and her Ph.D. at UCLA in 1998. She completed her clinical internship at the UCLA Neuropsychiatric Institute and Hospital. From 1998 through 2001, Dr. Bower was a postdoctoral fellow in the Cousins Center for Psychoneuroimmunology, then an Assistant Research Psychologist in the Division of Cancer Prevention and Control Research within the UCLA Jonsson Comprehensive Cancer Center. From 2001 through 2006, Dr. Bower held an Assistant Professor-in-Residence position in the UCLA Department of Psychiatry and Biobehavioral Sciences with a primary appointment in the Cousins Center. In 2006, Dr. Bower joined the UCLA Department of Psychology as Assistant Professor.

In her research, Dr. Bower develops and tests conceptual models of the interrelationships among psychological and behavioral parameters, biological factors, and disease, including specific pathways from psychological responses through to the biological processes that influence disease and health outcomes. Dr. Bower has more than 40 publications, many appearing in top journals in psychology, health psychology, and medicine.

In a first line of research, Dr. Bower investigates the links among the process of finding meaning in adverse experiences, physiological processes, and health outcomes. Although it is well established that stress exposure affects immune function, less is known about psychological factors that can modulate immune responses to stress. In an important study, Bower and colleagues (Bower, Kemeny, Taylor, & Fahey, 1998) demonstrated that HIV+ men who recently had experienced an AIDS-related bereavement and who discovered positive meaning from the bereavement had a slower decline in CD4 T cells over the next three years and a lower rate of AIDS-related mortality over the next four to nine years than men who were unable to find meaning in the bereavement. Bower also uses experimental and daily process methodologies to examine the links between changes in meaning-related goals and immune function, elucidating the pathways through which finding benefit in stressful circumstances “gets under the skin” to influence immunity and health.

In a second line of research, Dr. Bower is specifying the mechanisms through which immunological processes influence human behavior, mood, and cognition. The vehicle for this body of work involves examining the link between the activity of proinflammatory cytokines and cancer patients' fatigue, the most common and disruptive symptom associated with cancer and its treatment. Dr. Bower has extended to humans the body of animal research demonstrating that pro-inflammatory cytokines can act on the brain to prompt an integrated syndrome of behavioral changes known as “sickness behaviors,” behaviors thought to facilitate withdrawal from the environment and recovery. Using cross-sectional, prospective longitudinal, and experimental methodologies, Dr. Bower has demonstrated significant immune activation and lower cortisol levels in fatigued cancer survivors, as well as a blunted cortisol responses to stress. Her findings reveal that both immune and HPA axis dysregulation play a role in persistent cancer-related fatigue, and she is identifying genetic underpinnings for these associations. Dr. Bower also is translating her basic findings into the development and evaluation of interventions for fatigue in individuals with cancer.

In summary, Dr. Julie Bower is a highly creative scientist in health psychology who is working on vital questions involving reciprocal relations of psychological parameters, biological processes, and health outcomes. Moreover, Professor Bower is a talented teacher and mentor and a valued academic colleague. We are delighted to confer this award on behalf of Division 38.

2008 Timothy B. Jeffery Memorial Award for Outstanding Contributions to Clinical Health Psychology

Scott S. Meit, Psy.D.



We all know them. They are our colleagues in private practice, small group settings, in public and private hospitals. They see trauma patients, cancer patients, transplant patients, the chronically ill, the eating disordered, the medically complex and the medically non-compliant. They evaluate and treat, and that is the bulk of what they do, week in and week out.

We all know them. They are the health psychologist colleagues to whom we refer our patients for follow up, or recommend to physicians and other professional colleagues. We count on their excellent clinical services. Teaching, supervision, consultation, and clinical research are minor parts of their professional activities. For the most part, their days are spent face to face with patients and families.

We all know who they are in our own communities. We count on them, and so do our patients. Their work is done while maintaining strict privacy for those they serve, so the quality of their work is often unknown beyond their own communities. It has therefore been difficult for professional psychology to formally recognize their accomplishments, although there is wide agreement that their work is of the greatest value.

The Timothy B. Jeffery Memorial Award of \$3000 is given by Division 38 in conjunction with the American Psychological Foundation. It is intended to recognize the work of these full time providers of face to face patient services, in individual or group settings. This year's honoree is a Division 38 Fellow and one whose clinical work has spanned both primary care health psychology as well as some interesting work in specialty applications. How does one go from integrated primary care to designing clinical protocols for facial allograft (that's "face transplants" to most of us)? Well, you'd have to ask our next honoree, Dr. Scott Meit.

Dr. Meit has held the position of Professor of Family Medicine with the West Virginia University School of Medicine and most recently served as head psychologist at the world renowned Cleveland Clinic. A 1989 graduate of Florida Tech's PsyD program, he recently assumed the position of Chief Psychologist and Vice Chair, Department of Psychiatry, with Summa Health System (Akron, OH). His clinical practice focuses upon integrated behavioral health/primary care medicine, with specific interests in Geropsychology. He is a former two-term member of the APA Council of Representatives and currently serves as a commissioner to APA's Commission for the Recognition of Specialties and Proficiencies in Professional Psychology (CRSPPP). In fact, at the time of his presentation Dr. Meit had to be at a CRSPPP sponsored panel on "Ethics and Specialization!"

Two Post-doctoral Fellowships at The Ohio State University

Post-doctoral Fellowship in Psycho-oncology and Palliative Medicine at The Ohio State University Medical Center & James Cancer Hospital

This is a two-year postdoctoral fellowship in psycho-oncology and palliative medicine. This position is ideal for an individual with doctoral level training in clinical psychology and behavioral medicine or health psychology who is seeking specialized training in assessment and intervention with patients living with advanced disease and at the end of life. The goal of the fellowship is to develop psychologists' clinical and research competency in symptom management and end-of-life care. The program follows the scientist-practitioner model of training (50%-50% research-clinical), allowing fellows to acquire the supervised postdoctoral training necessary for licensing eligibility as well as research skills for work as a clinical researcher. Educational opportunities include the Pain and Palliative Medicine lectures series, the Psycho-social Oncology Seminar and rotations with adult palliative medicine, consultation-liaison psychiatry, pediatric psycho-oncology, and hospice.

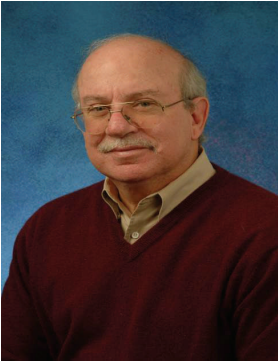
The fellow will provide outpatient clinical assessment and intervention and inpatient and outpatient consultation for medical providers. The fellow will also contribute to the translational Palliative Medicine and Psycho-Oncology Research Program.

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Nathan Perry Career Service to Health Psychology Award

Perry M. Nicassio, Ph.D.

Introduction by
Ken Wallston, Ph.D.



Today it is our pleasure to present Perry Nicassio with the Nathan Perry Career Service to Health Psychology Award. As most of you know, Perry has completed a double tour of duty as Treasurer of Division 38, and during that time has helped the Division maintain a strong financial position. He began his service to the Division in the late 1980s as Chair of the Health Services Committee. During that period he also was on the Advisory Board for the Division's Book Series in Clinical Health Psychology, for which he later served as Managing Editor. In 1991 Perry co-chaired the Planning Committee for the Division's National Conference on "Behavioral and Sociocultural Perspectives on Ethnicity and Health." This conference, held in Washington, DC, in September 1992, established an agenda for research and public policy on the relationship between culture, ethnicity, and health. During the first half of the 1990s, Perry served on the Program Committee, helping to plan the Division's annual meetings. Then, in 1998 he took on the role of Co-chair of the Planning Committee for the Division's "National Conference on the Future of the Health Psychology." This working conference, held at the University of Pittsburgh in March 2000, established guidelines in research, practice, public policy, and education and training for the discipline of health psychology which have helped shape the field in this first decade of the 21st century. During his years as Division Treasurer, Perry chaired the Finance Committee and was a stalwart member of the Executive Committee. We are fortunate that he will remain a member of the Board in his new role as chair of the Nominations and Elections Committee.

For those of you who only know Perry by his service to the Division, you need to know that he is a distinguished clinical health psychologist with many achievements in research, teaching, and academic administration. Currently he is a Clinical Professor and Senior Research Scientist at the Norman Cousins Center for Psychoneuroimmunology in the Department of Psychiatry at UCLA. He is also an affiliate faculty member in the Department of Psychology at UCLA. Going back nearly 40 years, Perry Nicassio received his BA in psychology from the University of Southern California in 1969 and his Masters (1971) and Ph.D. (1973) in clinical psychology from Northwestern University. In the early to mid-1980s Perry was an assistant professor of psychiatry in the Department of Psychiatry at the Vanderbilt University School of Medicine in Nashville, Tennessee. In 1987 he moved back to California and was appointed as associate clinical professor in the Departments of Psychiatry and Family Medicine at the University of California, San Diego, and served as the founding director of the Health Psychology Ph.D. Program at the California School of Professional Psychology in San Diego. His research interests have focused on the development and implementation of behavioral interventions for patients with chronic illnesses such as rheumatoid arthritis, systemic lupus erythematosus, insomnia, and fibromyalgia. Perry has also conducted research on the role of illness cognition and coping processes in patients with arthritic conditions. Currently, he is the principal investigator of an NIH-funded clinical trial evaluating the efficacy of behavior therapy on indices of disease activity, health functioning, and inflammation in patients with rheumatoid arthritis. He also is the co-investigator of other NIH grants that address the efficacy of behavioral interventions for fibromyalgia and insomnia in older adults. His numerous scientific publications and paper presentations in health psychology and behavioral medicine include *Managing Chronic Illness: A Biopsychosocial Perspective* (APA, 1995) which he edited along with Tim Smith.

The Career Service Award Perry Nicassio is receiving today was instituted back in 1998 and was later renamed in honor of the late Nate Perry, a founding member and champion of health psychology for three decades. The award is reserved for those whose professional accomplishments exemplify the vision and commitment of its namesake. Who better to receive the Perry Award than PERRY Nicassio? The Division's Awards Committee agreed with this by making him their unanimous choice. Let's all of us congratulate Perry Nicassio for receiving the award, and thank him for all of his years of distinguished service to Division 38 and to the field of health psychology.

From the Student Council

Laura B. Pence, M.A. Amber M. Davis, B.A.

We hope those of you who attended this year's APA Convention had a good time and enjoyed the Division of Health Psychology events. We had a great turn out for student focused programming and we enjoyed meeting those who attended. There was an impressive array of research posters at the poster sessions and a few awards of excellence were given to exceptional posters. These poster sessions were attended by expert guests, Drs. Vanessa Malcarne and Miriam Keltz (Cancer, HIV, and other Chronic Diseases poster session), and Drs. Beverly Thorn, Elizabeth Klonoff and Karina Davidson (Issues in Health Psychology session) who helped us select award winners. Congratulations to the following student poster presenters on their awards:

*Asako Matura & Patricia Morokoff, University of Rhode Island, *Sexual Assertiveness and Sexual Satisfaction in Predicting Unprotected Intercourse*

*Erin Schweers & Saran Villiers, University of Miami, *A Hierarchical Model of Disordered Eating Behaviors in Female Athletes*

*Landon Berger, Stephanie Shippen, & Kenneth Gladstone, Pacific Graduate School of Psychology & Stanford Consortium, *Alcohol Use and Sexual Risk Behaviors among Gay Men*

In other news, the division is currently in a planning period. Because students are the future of the field of Health Psychology, this planning is especially relevant to our careers. As such we (the student representatives) are currently in the midst of an initiative to gather health psychology student perspectives on what students want and need from their division. We are looking for current students (masters level, doctorate level, internship, or post-docs) of various health psychology programs across the country to run hour long focus groups with other students in their programs. All of the materials will be sent to those who volunteer to participate, and the information that is gathered will help inform decisions about the future direction of Division 38. We would like as many participants as possible, so if you're interested please email us at div38studentreps@gmail.com for more information. This is a great chance to get involved and let your voices be heard.

Lastly, just a reminder: The address to post on the list serv is div38stu@lists.apa.org. To subscribe to the student list serv send an email to listserv@lists.apa.org. In the body of the email (not the subject line) type SUBSCRIBE DIV38STU (your name). We are looking forward to hearing from you and continuing to serve as your student representatives for another year.

Palliative Medicine and Psychoneuroimmunology Postdoctoral Fellowship at The Ohio State University Medical Center and The Arthur G. James Cancer Hospital

This is a two-year research postdoctoral fellowship in palliative medicine and psychoneuroimmunology (PNI). This position is ideal for an individual with doctoral level training in clinical psychology and behavioral medicine or health psychology who is seeking specialized training in PNI research with patients with advanced cancer. Clinical opportunities are available as well, including training in adult palliative medicine and hospice care. This fellowship will focus on standardized symptom assessment with patients with advanced disease, understanding the biobehavioral trajectory for individuals in the terminal phase of disease, and facilitating the psychological adaptation of patients and families as they encounter end of life symptoms and challenges. This training program follows the scientist-practitioner model of training, allowing fellows to acquire supervised postdoctoral hours for licensing eligibility as well as research skills for work as a clinical researcher. This position is ideal for an individual wishing to pursue an academic research position in PNI. Solid research methods and statistics training with some research experience with a medical population are desirable. The fellow will be involved with grant and manuscript preparation, development of research protocols, coordination and tracking of patients enrolled in a longitudinal project including biological and behavioral data, and limited (20%) clinical work.

To apply for either of these fellowships, please send a cover letter describing your specific interests, your CV, an official graduate transcript, a de-identified initial psychosocial assessment and care plan, and three letters of recommendation. These materials and questions should be directed to:

Sharla Wells-Di Gregorio, Ph.D.
Director, Psycho-Oncology and Palliative Medicine Fellowship
Department of Psychiatry
The Arthur G. James Cancer Hospital
Pain and Palliative Medicine Program
The Ohio State University
246 Atwell Hall
Columbus, Ohio 43210

Welcome to New Division 38 Fellows

The Division 38 Fellows Committee successfully nominated six members as new APA Fellows, and elected three existing APA Fellows as Fellows of Division 38.

New Fellows

David B. Allison

Dr. David B. Allison is a Professor of Biostatistics at the University of Alabama (UAB), Birmingham. He has secondary appointments as Professor in the departments of Nutrition Sciences, Genetics (where he is the founder and head of the Section on Statistical Genetics) and Medicine. At UAB, Dr. Allison has held many leadership positions including Director of the Clinical Nutrition Center, Co-Director of the Genetics Core of the Minority Health and Resource Center and Senior Scientist appointments in cancer, arthritis, and outcomes/effectiveness research centers. His Ph.D. is in Clinical and School Psychology.

Dr. Allison has made unusual and outstanding contributions to psychology through his theoretical, methodological, and applied research, dissemination of his research results to professionals and the public, his leadership in the profession and his mentoring activities. He has made major contributions to several fields of psychology and to other fields of theoretical and clinical science. They include applied behavior analysis, obesity, and statistical methodology.

Dr. Allison's obesity research addresses many aspects of this national health problem: treatment and prevention, causes, and consequences. He participated in the design and conduct of the Diabetes Prevention Program that demonstrated that modest weight loss contributes to the prevention of Type II Diabetes. In addition to the positive impact of behavioral interventions, Dr. Allison also has demonstrated that several well-marketed treatments for obesity are ineffective. His work on genetic and environmental causes of obesity has stimulated an active area of research. His studies of causes of obesity include work on the effects of antipsychotic drugs on obesity, the impact of gene polymorphisms, and environmental factors. His work on consequences is notable in that it partitioned the differential effects on longevity of fat loss versus non-fat weight loss, a finding that has stimulated a research area. Dr. Allison also has developed and published the first statistical estimates of life years lost to obesity. Dr. Allison has made outstanding original contributions to new statistical methodologies and analyses. He has developed a methodology to separate effects of intended and unintended weight loss, statistical genetics techniques, and analytic methods for obesity treatment trials.

Andrew R. Block

Dr. Andrew R. Block is currently a clinical health psychologist and Director of Pain Programs, Texas Back Institute in Plano, Texas. He received his Ph.D. from Dartmouth College and completed a post-doctoral Fellowship at Duke University in neurobehavioral science specializing in the assessment and treatment of chronic pain. He is a Clinical Assistant Professor of Psychiatry at the University of Texas, Southwestern Medical Center in Dallas and has staff appointments at several hospitals.

Dr. Block has made unusual and outstanding contributions to psychology through his work in the areas of psychological assessment and screening of chronic pain patients. He has profoundly influenced assessment and treatment of back pain through his publications, workshops, and through his professional society activities. He has succeeded in working with the medical and rehabilitation sectors of society to introduce psychological constructs and methodologies and the influence of psychological factors on pain treatment outcomes. He was sole author on a seminal book of pre-surgical screening of chronic pain patients. He is also first author on a more recent book in this area involving the psychology of spine surgery. These unique texts are widely cited in the area of assessment of psychological factors and spinal surgery. Further, he was lead editor of a widely cited text on psychological syndromes in pain treatment. Dr. Block was involved in early research on how spousal reinforcement could reward or extinguish patient pain-related behaviors (*Pain*, 1980; *Social Science and Medicine*, 1984).

Dr. Block has been involved in several national and international organizations for the study of pain. He is a peer reviewer for ten interdisciplinary journals related to pain assessment and chronic pain management and rehabilitation. Dr. Block's work has also had a significant impact in the area of evaluation and treatment of the injured worker; guidelines he helped develop became state law in Texas. Medicare now requires pre-surgical psychological screening for spinal cord simulator implants. This regulation is largely based on Dr. Block's research. Moreover, pain treatment programs often include treatment components designed to help spouses and significant others reinforce gains rather than reward pain-related behaviors with chronic pain patients. Dr. Block was first author on two seminal refereed journal articles on this latter area of research regarding empirically valid pain treatments. Dr. Block served on the Mental Health Treatment Guidelines Committee for the State of Texas. The guidelines were adopted into law in 1995.

New Fellows

Robert T. Croyle

Dr. Robert T. Croyle is director of the Division of Cancer Control and Population Sciences (DCCPS) at the National Cancer Institute (NCI), NIH. Before coming to NCI in 1998, he was a tenured full professor in the Department of Psychology at the University of Utah. Dr. Croyle received his Ph.D. from Princeton University in social psychology. He is a Fellow of the Society of Behavioral Medicine and of the Academy of Behavioral Medicine Research.

Dr. Croyle has made unusual and outstanding contributions to psychology on two fronts. With regard to his outstanding and programmatic line of research, he conducted first basic and later applied research on how people conceptualize health risks, how people react to a medical diagnosis, and how people decide to get cancer genetic testing based on their risks. Dr. Croyle's research on psychological and behavioral impacts of risk factor screening and genetic testing for cancer, as well as his more recent work on use of internet technology for providing health information for prevention and management of disease, have been at the interface between health psychology and public health. His research has contributed significantly to our understanding of how people interpret health information. More importantly, his research has helped clinicians model the impact of informing patients and family about genetic cancer risk, and how information is framed to help patients make decisions about genetic testing. His research in this area has inspired a field.

Dr. Croyle has also made unusual and outstanding contributions to psychology through significant professional leadership. Dr. Croyle came to NCI in 1998, first as Associate Director for Behavioral Research (a program that includes 5 branches and 50 staff members), then as acting division director, and currently as Director, DCCPS at NCI (a division that includes a total staff of around 200 and 800 grants, with a budget of \$450 million). He led a greatly expanded role of behavioral research at NCI, in connecting basic and applied behavioral research, and in behavioral transdisciplinary research, such as the Trans-NIH initiative on Physical Activity Behavior Change, the Transdisciplinary Research on Energetics and Cancer Initiative, the Transdisciplinary Tobacco Use Research Centers, the Centers for Excellence in Cancer Communications Research, and the Genes and Environment Initiative. In addition to effectively leading internal programs and divisions, Dr. Croyle has gained respect in the NIH community and has fostered the growth of behavioral science at NIH. He serves on key NIH committees that influence the direction of many leading edge interdisciplinary programs, and thereby influence the direction of science nationally and internationally.

Marci Lobel

Dr. Marci Lobel is Associate Professor in the Department of Psychology at Stony Brook University. She is head of doctoral training in social and health psychology at Stony Brook and is an outstanding teacher and mentor as documented by numerous university awards.

Dr. Lobel has made unusual and outstanding contributions to psychology through her groundbreaking research, dissemination of her research results to the general public, senior leadership positions, and contributions to our understanding of health disparities in pregnancy in African-American women. Dr. Lobel's research has had a national impact on the field of prenatal maternal stress. She is one of the pioneers in this field of research, as cited in her exceptional letters of endorsement. Dr. Lobel was Principal Investigator (PI) of an NIH-funded new investigator grant (R29), and co-PI on a National Science Foundation grant and a second NIH grant. She is one of the first investigators in the area of prenatal maternal stress and its impact on human birth outcomes, and her work was definitive in establishing the role of stress on adverse birth outcomes. Her work also provided theoretical and empirical justification for conceptualizing and operationalizing prenatal stress as a multidimensional factor. Her further work has been on prenatal health behaviors, prenatal coping, and maternal disposition and birth outcomes. Her research has clear applications to public health issues, such as health disparities, surgical delivery, violence, genetic testing, stress assessment, and postpartum emotional distress. She has made major contributions through public coverage of her research and interviews with the mass media, such as *The Washington Post*, *Child Magazine*, *Parenting Magazine*, CBS, and CNN.

Dr. Lobel's research has had a national impact on the field of prenatal maternal stress where she is one of the pioneers. She published a 2007 review article in *Social Science and Medicine* on psychosocial sequelae of cesarean delivery. She has published strong articles in *Psychology and Health* and the *Journal of Behavioral Medicine*. Measures developed in her laboratory are being used world-wide. Dr. Lobel is second author on a seminal review article with Shelley Taylor on social comparisons published in *Psychological Review* in 1989; she is also second author with her graduate student Cheryl Giscombe on a 2005 *Psychological Bulletin* review on racism and pregnancy.

Traci Mann

Dr. Traci Mann is Associate Professor in the Department of Psychology at the University of Minnesota. She received her Ph.D. in Psychology from Stanford in 1995 and held an NIMH postdoctoral fellowship in HIV/AIDS research at UCLA from 1996-1998. In 1998, she joined the UCLA Psychology Department and was promoted to Associate Professor with tenure in 2004.

Dr. Mann is a leading researcher in the area of self control of health behavior. She examines the conditions under which individuals

New Fellows

will attempt to control their health behaviors, as well as the factors that lead individuals to succeed in their efforts. Using this approach, she has made significant contributions to our understanding of dieting and the development of eating disorders. Her *American Psychologist* (2007) article on “Medicare’s search for effective obesity treatments” is a provocative, persuasive, and impressive scholarly piece in which she and co-authors argue that diets are not the answer (Mann et al, 2007) and other tactics are needed. This article had wide media attention upon release.

Dr. Mann has also published a number of papers on HIV/AIDS with various collaborators. Her work on physician adherence to guidelines for use of anti-retroviral medications to treat HIV is a contribution in this area. The research examined whether physicians were following DHHS guidelines. Mann and collaborators found they were not, and created an intervention to help physicians do so and to help patients be better informed about their treatment (e.g. Mann et al., 2000; Grusky et al, 2003; Roberts & Mann, 2000).

Her research on the role of social and cultural factors in eating behavior -- both healthy eating (e.g. safe dieting) and unhealthy eating (e.g. eating disorders) -- has shown that the use of recovered anorexics and bulimics as peer educators actually increased symptoms of eating disorders in the student population (*Health Psychology*, 1997). This study alone influenced the eating disorder prevention programs at Stanford and elsewhere in the country.

Barbara Walker

Dr. Barbara Walker is Clinical Professor at Indiana University, after over 20 years at Miriam Hospital and Brown University. She received her Ph.D. in clinical psychology from the Ohio State University. She completed her internship at the Lafayette Clinic in Detroit, Michigan, and previously held faculty positions in Psychiatry and Psychology at the University of Michigan and Brown University. In addition to her current position as Clinical Professor at Indiana University, Dr. Walker also has a staff appointment at the Advanced Pain Center at Bloomington Hospital.

Dr. Walker has made many unusual and outstanding contributions to psychology through her unique contributions to the science and practice of integrative medicine, her work in developing empirically validated treatments for the treatment of chronic conditions, and her early research in the psychophysiology of the gut. Her interest in mind-body relationships has been her focus throughout her long and distinguished career. One of her most impressive contributions is her ability for developing and directing innovative and nationally recognized clinical programs. Her goal of translating the very best that psychology has to offer into practice has clearly been achieved.

In the 1980s, Dr. Walker was recruited to Miriam Hospital at Brown University, and focused her research and clinical work on chronic pain (particularly headache pain) management. She became Clinical Director of Behavioral Medicine at a time when there were major health system changes. Because of substantial budgetary threats, her Division was threatened with closure. To respond to the crisis, she developed a way to integrate behavioral health into primary care practice by having health psychologists and behavioral medicine practitioners work within medical practices rather than outside of them. The program was extraordinarily successful and Dr. Walker became much sought after to help start similar programs around the country. In Indiana, Dr. Walker currently works with community organizations to organize a Volunteers in Medicine (VIM) Clinic. She coordinates all behavioral and mental health services in the VIM and has developed a practicum for students in evidence-based practice. Her VIM was the first nationally to deliver fully integrated primary care. She has presented her model nationally for integration behavioral health care with other health care.

Existing APA Fellows

Hayden B. Bosworth

Dr. Hayden B. Bosworth was elected to Fellowship status in APA in 2007 through Division 20. Dr. Bosworth is Research Professor at Duke University Medical Center, with his primary appointment in the Department of Medicine, secondary appointment in the Department of Psychiatry and Behavioral Sciences, and tertiary appointment in the School of Nursing. He is also a Senior Fellow in the Duke University Center for Clinical Health Policy Research. He was promoted from Assistant Professor to Associate Professor in the shortest period of time on record in the Division of Internal Medicine at Duke Medical Center. He is also a Fellow of the Gerontological Society of America. Dr. Bosworth’s research clinically focused. His work provides knowledge for improving patients’ treatment adherence and self-management in chronic care; he conducts translation research to identify and remove barriers to care; and he has contributed quality measurements to monitor and ensure the improvement of quality of care.

Dr. Bosworth collaborates in a number of community-based studies examining treatment adherence, medication management, health behaviors, and blood pressure and glycemic control. He was awarded the Margaret M. Baltes Early Career Award in Behavioral and Social Gerontology for his work on treatment adherence in the elderly. The studies on which this award was based demonstrated that a nurse-administered, telephone intervention improved adherence to treatment for blood pressure control and improved blood pressure control itself. Subsequent studies demonstrated the cost effectiveness of this intervention. Dr. Bosworth’s research has been

New Fellows

funded by a large number of peer-reviewed grants, including an R01 grant from the National Heart, Lung, and Blood Institute, and an American Heart Association grant; he is Principal Investigator (PI) on both. He is also PI on a two VA grants and a co-I on two NIH diabetes grants, two National Cancer Institute grants, and several VA grants.

James H. Bray

Dr. James H. Bray is currently a Fellow of APA Divisions 7, 12, 29, 31, 37, 42, 43, 46, and 55. He is Associate Professor in the Department of Family and Community Medicine at Baylor College of Medicine. He was the Principal Investigator (PI) on a NIAAA-funded R01 longitudinal study on family and developmental psychosocial factors impacting alcohol use among White, Black, and Mexican-American adolescents. He was also PI on two R01 grants from NICHD, and co-I on a number of other grants from various federal and state agencies.

Dr. Bray has extensive service to APA and to APA divisions, and was recently elected president-elect of APA. Dr. Bray's research is widely cited. His book on primary care is widely used and known. While president of Division 43, he initiated a task force on collaborative family healthcare. He was a member of APA's Primary Care Task Force, and developed a strategic plan for expanding psychology into primary care settings. He was also chair of the APA task force on Rural Health and Psychology.

Dr. Bray is on the editorial boards of *Journal of Family Psychology*, *Psychotherapy*, *Journal of Marital and Family Therapy*, and *Family, Systems and Health*. He was also special series editor for the *Journal of Family Therapy* on families with HIV-AIDS. As president of Division 43, he initiated a task force on collaborative family healthcare. He is a leader in health psychology at the national level. He served on APA's primary care task force and worked on moving psychology into primary care settings. He has contributed to bringing screening and other services to rural populations. He served on the APA Board of Educational Affairs

Rena Repetti

Dr. Rena Repetti is a Fellow of APA Division 9 and is Professor in the Department of Psychology at UCLA. She was Principal Investigator of an NIMH grant for 8 years, and has had other significant extramural funding of her research.

Dr. Repetti's research has linked stressful experiences at work to subsequent behavior in the family, on both short- and long-term bases. She has demonstrated connections between work stress and both marital and parent-child relationships; her work places stress and coping within a family context. Her most recent research has demonstrated that daily stressors at work predicted individual cortisol patterns at home in the evening.

Her research, conducted with collaborators, has national impact as an example of the biobehavioral approach to research questions. She developed an influential model, the Risky Families Model, that delineates biological and psychological processes through which a child's healthy development can be hindered by certain family characteristics (Repetti et al., *Psychological Bulletin*, 2002). These biological and psychosocial outcomes also affect mental and physical health in adolescence and adulthood. This model was described in an *Annual Review* chapter, and further work described in a recent handbook chapter.

The Division 38 Fellows Committee:

Jared Jobe, Chair, National Heart, Lung, & Blood Institute (2006-2008)

Miriam Kelty, Consultant (2008-2009)

Chris Dunkel Schetter, UCLA (2008-2010)

Catherine Stoney, National Center for Complementary & Alternative Medicine (2006-2008)

Steve Tovian, Northwestern University (2008-2010)

Call for Nominations

Division 38 invites nominations for the offices of President-Elect, Member-at-Large (with a portfolio of Publications & Communications and Health Research), and APA Council Representative.

Elected members will take office immediately after the APA convention in Toronto, in August, 2009. For questions or more information, contact the Division 38 office at apadiv38@verizon.net, or Dr. Perry Nicassio, Chair, Nominations Committee at PNicassio@mednet.ucla.edu.

Please send your recommendations by Friday, **January 2, 2009** to apadiv38@verizon.net. Self-nominations are welcome.

FOR IMMEDIATE RELEASE
Wednesday, Sept. 24, 2008

Contact: Wayne Camara
(917) 841 1192
wcamara@collegeboard.org

JOINT COMMITTEE NAMED TO REVISE *STANDARDS FOR EDUCATIONAL AND PSYCHOLOGICAL TESTING*

WASHINGTON -- A committee of researchers and experts in educational and psychological testing has been appointed to revise the *Standards for Educational and Psychological Testing* (the *Standards*) - long considered to be the definitive source for information concerning sound test development and use.

Designed to establish criteria for appropriate development, use and interpretation of tests, the *Standards* have been widely cited by states, federal agencies, private organizations, legislative bodies and even the U.S. Supreme Court. They are based on the premise that effective testing and assessment requires test developers and users to be knowledgeable about validity, reliability and other measurement issues.

Co-chairs of the Joint Committee for the Revision of the *Standards for Educational and Psychological Testing* (Joint Committee) are Barbara Plake, PhD, distinguished professor emerita at the University of Nebraska, and Laress Wise, PhD, principal scientist at the Human Resources Research Organization, Monterey, CA. They, along with 13 additional members, are charged with revising and updating the *Standards* to reflect current research and best practices.

“The *Standards* are more important than ever given the current demand for educational accountability, the increase of testing in the workplace, and the popularity of computer-based testing” according to Dr. Wise. “We believe that we have assembled the right committee to achieve the goal of bringing the *Standards* up to date” said Dr. Plake.

Revision of the standards will continue a long collaboration among the American Educational Research Association, the American Psychological Association and the National Council on Measurement in Education. The three associations have been responsible for developing, publishing, selling and revising the standards since 1966, when the first edition was published. The *Standards* were revised in 1974, 1985 and 1999. The popularity of the *Standards* remains strong to this day, with nearly one million copies sold since 1985.

The Joint Committee plans to hold its initial meeting in early 2009. Staff support for the committee will be provided by the American Psychological Association; questions about the committee and its work should be addressed to Marianne Ernesto at mer-mer-esto@apa.org.

Members of the Joint Committee for the *Revision of the Standards for Educational and Psychological Testing* are:

Barbara Plake, PhD, Co-Chair
 Distinguished Professor Emeritus
 University of Nebraska

Laress (Laurie) Wise, PhD, Co-Chair
 Human Resources Research Organization

Linda Cook, EdD
 Educational Testing Service

Fritz Drasgow, PhD
 University of Illinois-Urbana-Champaigne

Laura Hamilton, PhD
 RAND Corp.

Jo Ida Hansen, PhD
 University of Minnesota

Brian Gong, PhD
 The National Center for the Improvement of
 Educational Assessment Inc.

Joan Herman, EdD
 University of California-Los Angeles

Michael Kolen, PhD
 University of Iowa

Michael Kane, PhD
 National Conference of Bar Examiners

Paul Sackett, PhD
 University of Minnesota

Nancy Tippins, PhD
 Valtera Corp.

Antonio Puente, PhD
 University of North Carolina-Wilmington

Walter (Denny) Way, PhD
 Pearson

Frank C. Worrell, PhD
 University of California-Berkeley

The American Psychological Association (APA), in Washington, DC, is the largest scientific and professional organization representing psychology in the United States and is the world's largest association of psychologists. APA's membership includes more than 148,000 researchers, educators, clinicians, consultants and students. Through its divisions in 54 subfields of psychology and affiliations with 60 state, territorial and Canadian provincial associations, APA works to advance psychology as a science, as a profession and as a means of promoting health, education and human welfare.

The American Educational Research Association (AERA) is the national interdisciplinary research association for approximately 26,000 scholars who undertake research in education. Founded in 1916, AERA aims to advance knowledge about education, to encourage scholarly inquiry related to education, and to promote the use of research to improve education and serve the public good. The National Council on Measurement in Education (NCME) is a professional organization for individuals involved in assessment, evaluation, testing, and other aspects of educational measurement. Members are involved in the construction and use of standardized tests; new forms of assessment, including performance-based assessment; program design; and program evaluation.

NCME members include university faculty; test developers; state and federal testing and research directors; professional evaluators; testing specialists in business, industry, education, community programs, and other professions; licensure, certification, and credentialing professionals; graduate students from educational, psychological, and other measurement programs; and others involved in testing issues and practices.

The Council of Representatives at its August 2008 Meeting Approved The Following:

- Funding for a 2009 presidential summit on the future of psychology practice, to be held May 14-17 in San Antonio, Texas, which will be attended by 150 practice leaders. The goal of the meeting is to develop a strategic plan for meeting the needs of psychology practitioners and the public they serve.
 - A new mission statement for APA: *The mission of the APA is to advance the creation, communication, and application of psychological knowledge to benefit society and improve people's lives.*
 - Funding for the sustained contribution of psychology to the World Health Organization's revision of the mental health chapter of the current International Classification of Diseases and Related Disorders (ICD-10). APA will support the effort through a contract with the International Union of Psychological Science (IUPsyS), which will retain a psychologist consultant to work on the core revision team at WHO. The IUPsyS consultant will be Geoffrey Reed, PhD, former APA Practice Directorate assistant executive director for professional development, and APA's principal representative to WHO's International Classification of Functioning, Disability and Health system since 1995.
 - For 2009 a preliminary budget of \$700,000 which would leave a surplus.
 - 128 members of APA as APA Fellows.
 - Two new division journals: *Industrial and Organizational Psychology: Perspectives on Science and Practice* (Div. 14, Society for Industrial and Organizational Psychology) and *Psychological Trauma: Theory, Research and Practice* (Div. 56, Trauma).
- The APA Council of Representatives received several task force reports at the August 2008 meeting.

The Task Force reports are:

- The report of the Task Force on Mental Health and Abortion, which found that there is no credible evidence that a single elective abortion, in and of itself, causes mental health problems in adult women.
- The report of the Task Force on Resilience and Strength in Black Children and Adolescents, which called for a reframing of research, away from a nearly exclusive focus on risk factors and negative outcomes and to models that account for those factors that contribute to resilience in these youth.
- The report of the Task Force on Evidence-Based Practice with Children and Adolescents, which cautions that children's mental health needs are too often undertreated and that these deficiencies will increase unless the health-care system changes the way it delivers care to children and adopts a more evidence-based approach.
- The report of the Task Force on Gender Identity and Gender Variance, which called upon the profession to provide "appropriate nondiscriminatory treatment to all transgender and gender-variant individuals," while also citing the need for more and better research and training on transgender issues. In related action, the Council adopted a resolution on transgender identity and expression. The resolution expressed APA's support for full equality for transgender and gender-variant people and called for the provision of adequate and medically necessary treatment for them.
- The report of the 2007 Presidential Task Force on Institutional Review Boards and Psychological Science, which recommended ways to create more collaborative relationships between researchers and institutional review boards, including the creation of evidence-based policies and procedures that facilitate safe and ethical research while minimizing regulatory burden (visit www.apa.org/science/rcr/IRB_Report2007.pdf for the full report.)
- The report of the Board of Educational Affairs Task Force on Strengthening the Teaching and Learning of Undergraduate Psychological Science's final report "Teaching, Learning and Assessing in a Developmentally Coherent Curriculum," which among other conclusions, articulates the developmental sequence of learning outcomes across five domains of the undergraduate curriculum. (To read the report, visit www.apa.org/ed/pcue/bea_coherent.pdf).

The Following is a summary of the Health Caucus meeting during the August 2008 meeting: These notes were compiled by Dr Nadine Kaslow, Health Caucus Chair.

Health Care/Health Science Caucus

Tuesday August 12, 2008

APA Vision Statement or Strategic Plan

Discussed ways in which health potentially could be integrated in the APA Vision Statement or Strategic Plan. Potential phrases or constructs include:

- Psychologists in health care and integrated care
- Psychologists as behavioral health care providers
- Psychological health as a foundation to body health
- Role of behavioral variables in physical health

Updates from Directorates

At the February 2008 Caucus meeting, there was discussion about having updates from the four directorates with regard to their activities related to health care and health science. There was agreement at this meeting that such presentations would be informal, and would include key highlights from each directorate as well as attention to cross-directorate activities. This may occur either as a focus on 1-2 key initiatives, or a listing with bullet points of all relevant activities. In addition, we requested that relevant initiatives be posted on the listserv. Also, the possibility of having a link on the APA website related to health was discussed. The following updates were provided.

Science Directorate. Dr. Breckler talked about key efforts in the Science Directorate. He focused on President Kazdin's initiative on the contributions of psychological science. They commissioned booklets for the lay audience and congressional staffers. One example is a booklet on prolonging vitality in older age.

Practice Directorate. Dr. Nordal focused on the Practice Directorate's ambitious efforts related to Medicare and in particular forestalling some of the roll backs and cuts. The psychiatric diagnostic codes are being re-evaluated and this is being done collaboratively with other health care providers. Dr. Nordal underscored the goal of having psychologists included in the physician definition under Medicare, which would allow for parity with physicians for programming. She also talked about the International Classification of Functioning (ICF) and the Practice Directorate's work with the

World Health Organization. Hopefully the ICF will be included in the US health care system activities.

Education Directorate. Dr. Belar talked about support of education and training for psychology as a health profession. She noted that this was the first year of full membership in the Association of Academic Health Centers, which has been very positive for psychology. She highlighted the efforts related to the national health care policy with respect to the health care workforce. Dr. Belar highlighted the importance of psychologists being involved in integrative health care training.

Public Interest Directorate. Dr. Keita spoke of BAPPI's initiative on the intersection of public health and psychology; there is an APA session on this. In addition, there is a new brochure on postpartum depression. The Policy Office is focusing on health disparities. She also addressed the directorate's major focus on work stress and health. Internationally, she noted that the UN representatives are bringing to the UN expertise related to HIV/AIDS.

Policy Office

APA has been very involved in the Campaign for Mental Health reform. The document initially had very little information about behavioral issues and APA contributed to strengthening this aspect of the document.

Executive Officer

Dr. Anderson noted that the American Psychologist might be interested in a special section related to challenges in health psychology in the 21st century and suggested that a proposal to this effect would be welcomed.

New Secretary

Dr. Kate Brown will be the 2009 Secretary for the Caucus.

Virginia Commonwealth University Distinguished Faculty Service Award

Dr. Mary Ellen Olbrisch is this year's recipient of the Virginia Commonwealth University Distinguished Faculty Service Award. Dr. Olbrisch is being honored for service in her roles as a clinical health psychology educator and practitioner. Called one of the "founding mothers" of clinical health psychology, Dr. Olbrisch, a professor in the Department of Psychiatry, entered the burgeoning area early in her career. Immediately after graduate school, she served on the Education and Training Committee for the American Psychological Association's new Division of Health Psychology, where she was instrumental in developing the curriculum for the training of clinical health psychologists, as well as the creation of the board certification process for the field. Dr. Olbrisch's work on the Division of Health Psychology's Education and Training Committee was the first in a long list of committees and organizations for which she has donated her time to benefit the community, the university and her profession. Her service to the profession includes serving on editorial boards of major medical journals, as a founding member of the American Board of Clinical Health Psychology, on the ethics committee of the American Board of Professional Psychology.

Her work with screening and preparing patients psychologically for organ transplantation and partial liver donation has contributed to Dr. Olbrisch's reputation for service. She has long been known for her leadership in a national discussion of fair treatment of patients with mental illness by organ transplant programs. She was a member of the first living liver donation team at VCU in 1998 and has been a leader in national discussion of issues of ethical practice, fairness and justice in organ allocation, as well as in the limits and possibilities in expanding organ transplantation. Five years ago, Dr. Olbrisch branched out into another rapidly growing area: obesity and weight-loss surgery. As in her work in transplantation, she helps patients understand what the surgery entails and what they can expect. "I really have worked hard to make a contribution to make patients more educated so they are ready for the surgery," Dr. Olbrisch says.

Written by Erin E. Egan

American Psychological Association
Division 38, Health Psychology

Please address comments and submissions
to:

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wilsondk@gwm.sc.edu

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Vanessa L. Malcarne, Ph.D.
San Diego State University
malcarne@psychology.sdsu.edu

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lopez@psy.utexas.edu

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jamesbdaddy@aol.com

**APA COUNCIL REPRESENTATIVE
(2009-2011)**

Robert D. Kerns, Ph.D.
VA Connecticut Health Care System
robert.kerns@va.gov

Kevin S. Masters

Editor

The Health Psychologist

Syracuse University

Department of Psychology

Syracuse, NY 13244-2340

E-mail: kemaster@syr.edu

Fax: 315.443.4085

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June 7, 2009

September 15, 2009

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Division 38 Web Site: www.health-psych.org

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