The Future of APA Division 38

Christopher France, PhD, President

Please forgive the rather grandiose title of my current column. It was inspired by a discussion on the Division 38 listserv that raised the issue of declining APA membership and suggested that this trend may reflect a decreasing relevance of Division 38 in today’s shifting health science and practice landscape.

As I noted in my listserv reply, declining division membership has been an important concern at APA for a number of years. However, in the larger APA context, I noted that Division 38 is doing a good job of maintaining membership. What I couldn’t provide on the listserv, but I can in this column, are the data.

As you can see from the attached figure, over the last decade membership in some APA divisions has grown slightly (e.g., Division 40 – Clinical Neuropsychology), membership in other divisions has held relatively steady (e.g., Division 38 – Health Psychology), and membership in still other divisions has been declining and in some cases declining steeply (e.g., Division 12 – Clinical Psychology).

(Continued on page 6)

From the Editor’s Desk

The More Things Change, The More Things Stay the Same

Lisa Frantsve, Ph.D.

This is my first issue of The Health Psychologist as the newsletter’s editor. On this special occasion, I find myself feeling the same sort of wonder and curiosity of someone about to begin a new adventure. I am filled with excitement when I think of the possibilities!

This turning point, however, also feels like an opportune moment to reflect on the past as well as the present and future of The Health Psychologist. I would be remiss if I did not share my sincere gratitude to our Newsletter’s former editor, Kevin Masters. During my tenure as our newsletter’s co-editor, Kevin was a great support to me while teaching me many of the

(Continued on page 8)
Kevin S. Masters, Ph.D.

It is an honor to be selected to run for the Presidency of Division 38. I’m certain, however, that it has not escaped your notice that these are both exciting and challenging times to be a health psychologist. On the one hand the acceptance of psychologists in the health care system has probably never been greater. Major advances are taking place in a number of areas, perhaps most notably the integration of psychologist into primary care, that are creating important new opportunities for psychologists to positively impact the nation’s health. On the other hand funding for research at all levels is very tight and presents significant challenges to our members who need these funds to carry out their ground breaking and essential investigations. Division 38 is actively involved in leadership at all levels to advance the profession of health psychology and meet the challenges that we face. Election rules regarding the length of candidate statements limit the amount of detailed discussion we can presently have but it is important for the membership to know that the elected officers and others involved in the leadership of Division 38 are actively engaged, daily, in addressing these formidable issues and advancing health psychology. Should I become your President you can be assured that I will continue this tradition of vigilance and dedicated service to the field. I have been actively involved in Division 38 leadership for about a decade and have enjoyed it tremendously. I hope to continue this work next year.

Annette L. Stanton, Ph.D.

Nearly 30 years ago as I conducted my dissertation research to predict adherence to anti-hypertensive regimens, I became convinced of the promise of health psychology to enhance the health and well-being of the population. Since then, my commitment to the science and practice of health psychology has only deepened; I am honored to be nominated as Division 38 president.

After undergraduate study at the University of Kansas, I completed my Ph.D. at the University of Connecticut and internship at LAC+University of Southern California Medical Center. Academic positions followed at Auburn University, the University of Kansas, and UCLA, where I am Professor of Psychology (co-chair health psychology Ph.D. program) and Psychiatry/Biobehavioral Sciences and have appointments in the Division of Cancer Prevention and Control Research and Cousins Center for Psychoneuroimmunology. As a licensed psychologist, I also have worked clinically with medical populations.

My research involves specifying contributors to psychological and physical health in individuals who confront cancer, infertility, and other stressors. I then translate our findings into psychosocial interventions through conducting randomized, controlled trials. I was honored to receive Division 38’s Award for Outstanding Contributions to Health Psychology (Senior).

I have served Division 38 as Member-at-Large, Fellows Selection Committee member, Nomination and Elections Committee chair, convention program reviewer, and Associate Editor for Health Psychology. My goals for the Division include advocacy for funding of health psychology science, education, and evidence-based practice; promotion of diversity in the membership; and advancement of health psychology within an inter-disciplinary collaborative model of research and practice.
2011 APA Division 38 Candidates for Member-at-Large

Tu A. Ngo, Ph.D.

I am honored to be nominated as a Division 38 Member at Large, for Education and Practice. Presently, I am the Clinical Director for the Primary Care Behavioral Health Program, a program I designed and implemented at the Edith Nourse Rogers Memorial VAMC. I am also the New England region’s Primary Care Mental Health Integration Coordinator across eight medical facilities. Along with being an administrator, I am actively involved in teaching medical students and psychology trainees (practicum to postdoctoral level). My clinical practice, program development, and research center on integrated primary care mental health with a special focus in chronic pain and mindfulness-based therapies for physical health.

It has been my pleasure to serve Division 38 in leadership roles since 2007. I started as program co-chair and then continued by becoming chair of the Continuing Education committee and member of the Clinical Health Service Council (CHSC). Given my professional interests in primary care psychology, I look forward to working with the new primary care committee within the CHSC. I also organized and co-presented the Division 38 sponsored pre-APA conference workshop on Mindfulness-Based Therapies for Medical Conditions in 2007 and again in 2009 to the larger APA conference audience. In 2009, I was honored to be recognized by Division 38 with the Timothy B. Jeffrey Memorial Award for Outstanding Contributions to Clinical Health Psychology. If elected, I would openly welcome the opportunity to continue contributing to our field by serving the division members in the area of Education and Practice.

Martita A. Lopez, Ph.D.

I am honored by this nomination to serve again as Member-at-Large for Division 38.

I’m in the Department of Psychology at the University of Texas at Austin as Clinical Professor, Director of Clinical Training, and Director of the Psychology Training Clinic. I obtained my Ph.D. in clinical psychology at Syracuse University, and then joined the faculty at Virginia Tech. Subsequently I went to Rush University Medical Center in Chicago where, as Associate Professor, I directed the psychology internship program and developed a clinical service in geriatric rehabilitation psychology. My research focused on health and aging and on CBT for insomnia. Moving to Texas allowed me to pursue my interests in graduate training, mentoring, and teaching and also to start a small practice specializing in the treatment of insomnia.

I became active in Division 38 in 1990 on the Committee on Education and Training, leading the groups that developed the Guide to Internships and the Guide to Postdocs in Health Psychology. I have been a member of the APA Committee on Aging, the APA Presidential Task Force on Older Adults, and the APA Presidential Task Force on Integrative Health Care for an Aging Population. I am a Fellow of the Society of Behavioral Medicine and received their Distinguished Service and Distinguished Clinical Mentor Awards. I’ve also served on several national grant review panels, including NIH and NIDRR.

Three years ago I was fortunate to be elected Division 38 Member-at-Large and I would appreciate your continued support.
Justin M. Nash, Ph.D.

Economic necessity is driving tremendous change in health care service delivery and research, creating exciting but challenging times to be a health psychologist. I believe that my administrative and financial experience in leadership positions -- in research, clinical services, and training -- prepare me to become Treasurer of Division 38 and be part of the Division’s leadership. I am Associate Professor at Brown University. As Associate Director of the Brown Centers for Behavioral and Preventive Medicine, I have provided administrative leadership for a research center with over 20 NIH funded researchers. As Director for the Division of Clinical Behavioral Medicine at The Miriam Hospital, I have led a group of over 15 psychologists and other healthcare professionals in the delivery of behavioral medicine services. As coordinator of the Health Psychology track for the Brown Clinical Psychology Training Consortium, I oversee the training for 15 interns and postdocs. Outside of Brown, I have served on the Boards of the Society of Behavioral Medicine and the Council of Clinical Psychology Training Programs, and have been Associate Editor of Annals of Behavioral Medicine and the Journal of Behavioral Medicine. I look forward to soon joining Brown’s Department of Family Medicine, where I will operate within a patient-centered medical home to create initiatives to train psychologists to deliver integrated care alongside primary care physicians. I am honored to have this opportunity to take my leadership experiences in research, patient care, and training, and contribute to the Division and the future of health psychology.

Mark A. Lumley, Ph.D.

I am a Professor in the Department of Psychology, Wayne State University (Detroit), and Director of the Clinical Psychology Ph.D. program. I have a productive, NIH-funded research program on stress, emotional processing, and pain, including grants for clinical trials of emotional and cognitive-behavioral interventions for pain disorders. I am on the editorial board of our journal, Health Psychology, and an Associate Editor of Journal of Psychosomatic Research. I have mentored 30 Ph.D. recipients and currently teach health psychology, psychotherapy, and ethics in our doctoral program. I became a Division 38 member in graduate school (University of Florida, 1990), participated in the Future of Health Psychology conference, regularly attend annual clinical health psychology training meetings, and am the division representative to my department. I also am a leader in the American Psychosomatic Society—twice chairing the annual meeting, and serving on the governing council. Personally, I am married, have 4 sons (ages 16 to 20), manage a men’s soccer team (score rarely and get injured often), and teach and sing at a Methodist church.

I plan to increase my contributions to Division 38 and am very grateful to be nominated for Treasurer. I have managed budgets for grants and our doctoral program, and I bring the broader skills of an administrator, practitioner, researcher, and teacher to this role. I am viewed as responsive and organized, and I will serve you conscientiously by preparing budgets and reports, providing careful fiscal oversight of division business, and contributing leadership to the Executive Committee.
Kim E. Dixon, Ph.D.

I am excited to be nominated for Division 38 Council Representative. My involvement with the Division began during my graduate training at the University of Alabama under the tutelage of Bev Thorn. I completed my internship in the Department of Psychiatry and Behavioral Medicine at WVU, Charleston, WV, and completed a two year NIMH postdoctoral research fellowship at Duke University Medical Center. Currently, I am an Assistant Professor and Director of Internship Training in the Department of Psychiatry at Brody School of Medicine, East Carolina University. My research and clinical interests lie in the areas of chronic pain, integrated care, and health disparities.

My professional service includes chairing the Clinical Health Psychology Synarchy on the Council of Specialties in Professional Psychology, where I was elected to a second term on the APA Commission on Accreditation. I served as co-editor of the Division 38 website and I am Treasurer of the Association of Psychologists in Academic Health Centers. I have been active in a number of activities related to training and education in clinical health psychology, and I serve on the Division’s Clinical Health Services Council, Guidelines Advisory committee.

We must have a strong voice for Health Psychology on Council as we stand at the forefront of healthcare reform. I believe that my service to the Division provides me with a solid background from which to advocate effectively for our Division. I would enjoy continuing my service if elected as your representative to APA Council. Thank you for your support.

Kevin T. Larkin, Ph.D.

Contemporary psychology requires a strong voice of health psychology as it becomes clear that our nation’s leading health problems are largely behavioral in origin and the practice of psychology becomes established as a health care profession. As the Division 38 Representative to the APA Council, my primary goal would be to provide that voice for the science of health psychology and our related professional practice of clinical health psychology. Both are critical as we aim to position the field of psychology to help solve our problems in behavioral health care, health disparities that exist among us, and developing strong and viable national health policy.

As Director of Clinical Training of the doctoral training program at West Virginia University and an internship faculty member at the Robert C. Byrd Health Sciences Center in Morgantown, WV, I have been committed to training the next generation of health and clinical health psychologists for 25 years. My interest in education and training led me to being an invited participant to the Division’s Tempe Summit on Education and Training in Clinical Health Psychology that launched our efforts to define competencies required for entry level practice in this specialty area. Since that time, I have served as the Chairperson of the Council of Clinical Health Psychology Training Programs (CCHPTP) and been involved in ongoing efforts to better distinguish those with and without the competencies for practicing in this applied profession.
An important contributor to declining trends is that, on the whole, APA members are aging and newer members are less likely to join divisions. Historically, most APA members also belonged to at least one division, but currently most Early Career Psychologists (ECPs, or members who are within 7 years of having earned the doctoral degree) do not belong to a division. There are many possible reasons for this (e.g., cost of dues, growth of specialty organizations), but I believe that some of the variance is attributable to a lack of awareness of how APA and APA divisions work on a daily basis to promote and defend our professional interests. Collectively, we may also be guilty of failing to socialize our junior colleagues regarding the importance of professional service, an important point that Kevin Masters raised during the listserv discussion. Although Division 38 is among the top 5 divisions in APA in terms of ECP membership at 15.6%, we can and should do more to engage ECPs who represent approximately 25% of all APA members. In my last column I noted that one of my presidential initiatives was the launching of a new Early Career Psychologist Council, and I am very pleased to report that we now have an active Council that is chaired by Dr. Zeeshan Butt. Zee has made phenomenal progress in only a few short months, and we now have an impressive committee of 15 members who are working actively with the membership and the division leadership to promote the interests of early career professionals.

The second issue raised on the listserv was the current relevance of Division 38. As I noted in my response, Division 38 is constantly engaged in activities that keenly demonstrate the critical need for an organization that is specifically devoted to the profession of health psychology. For example, those of you who have been following Division 38 activities over the last few years know that we have been forward-thinking in our efforts to promote a stronger profession through the development and publication of graduate education and training.
standards for both clinical and experimental health psychology. We have also reacted quickly to address developments that threatened our professional identity, including efforts in some quarters to have psychological practice placed under the oversight of medical versus psychological boards and to usurp and rebrand “medical psychology” to represent a narrow focus on prescription privileges. And with particular reference to current shifts in the health care landscape, Division 38 recently demonstrated its commitment to promoting the unique training and skill sets of health psychologists through our newly formed integrated primary care committee. We are also advocating strongly for the endorsement of treatment guidelines that specifically recognize the biopsychosocial model and the central role of health psychologists in the development and delivery of empirically-supported treatments. As part of this effort we have reached out to other organizations that have similar interests in an effort to promote a broad coalition that can effectively advocate for adoption of these guidelines. However, we still need to do more: 1) more coalition building with related organizations, 2) more outreach to health psychologists who belong to organizations such as SBM or APS, but do not see the benefit of maintaining membership in Division 38, and 3) more education of the public and policy makers about the unique skills that health psychologists contribute to science and practice.

On this last note, in November I represented our division at APA’s 2010 Science Leadership Conference. The theme of the conference was the promotion of psychology as a STEM (Science, Technology, Engineering, Math) discipline, and specifically how can we can work against the common misperception that psychology is a largely intuitive enterprise and a “soft” science at best. For example, survey and focus group studies conducted by APA in 2008 revealed that only 30 percent of the general public viewed psychology as primarily based on the scientific method! This is not an irrelevant problem. Perceptions of our discipline have far-reaching implications for policy makers as decisions are being made regarding future education, training, and research funding. As President Obama speaks of “Winning the Future” through new investments in education, medical research, and technology, do you think that this plan includes psychology? Early evidence does not inspire confidence. For example, the September 2010 report of the President’s Council of Advisors on Science and Technology (PCAST) includes the following definition of STEM education:

“STEM education,” as used in this report, includes the subjects of mathematics, biology, chemistry, and physics, which have traditionally formed the core requirements of many state curricula at the K-12 level. In addition, the report includes other critical subjects, such as computer science, engineering, environmental science and geology, with whose fundamental concepts K-12 students should be familiar. The report does not include the social and behavioral sciences, such as economics, anthropology, and sociology; while appropriately considered STEM fields at the undergraduate and graduate levels, they involve very different issues at the K-12 level. (for full report see http://www.whitehouse.gov/sites/default/files/microsites/ostp/pcast-stemed-report.pdf)

While one could debate the wisdom and vague rationale offered to exclude social and behavioral sciences in this report, I believe that the “soft science” problem that we face as a discipline is often due to misperceptions. Further, I believe that division 38 members are in a strong position to help promote a more accurate picture. It is clear that our membership is engaged in basic and translational research that has a direct impact on the health and welfare of the population, and as a result many of us may be encouraged by President Obama’s call for new investment in medical research. However, the question remains as to whether this call includes a vision of psychology in the minds of our leaders and the public at large. The answer to this ques-
The Health Psychologist

(Continued from page 7)

tion likely varies depending upon who you ask, but I am certain that the answer is not static. Accordingly, it is critical that we make our contributions known not just to our colleagues through journals and conferences, but to the general public through media releases, individual web sites that describe the impact of our work, and even laboratory newsletters that can serve to educate our research participants about our findings while applauding their contributions to science. And keep in mind that labels matter! When the media attributes new scientific findings to "neuroscientists" or "cognitive scientists", it fails to address, and may even strengthen, misperceptions about the science of psychology. When we do reach out, it is imperative that we clearly identify ourselves as health psychologists. These are the types of things that we can do as individuals to help ensure the proper recognition and understanding of health psychology as a basic science and as a clinical profession informed by this science. Finally, returning to the main theme of my column, there is strength in numbers. Through our association as members of Division 38 and of APA we are contributing to a larger effort to educate the public about our science and to advocate for appropriate recognition and resources from our leaders.

From the Editor, continued

(Continued from page 1)
nuances of producing a successful newsletter for our Division. I know that I speak for many when I say that Kevin did an outstanding job as the newsletter’s editor. It’ll be a tough act to follow, for sure!
I also want to take this opportunity to thank others who will continue to work on The Health Psychologist. I am delighted that Jill Masters will continue to assist with the production of our Division’s newsletter. Barbara Keeton has also been a great partner in helping to coordinate submissions and the many other behind-the-scenes details that help make our Division’s newsletter a success. I am honored and delighted to have both Jill and Barbara on board! As we move forward, my hope is that The Health Psychologist will continue to evolve to meet new opportunities while continuing to offer the same, predictable outlet for communication amongst our Division’s membership and beyond. I admit: It’s somewhat paradoxical. But hopefully we can agree: The more things change, the more things will stay the same.
In this issue, you will probably notice some of changes. For example, we’re changing the color scheme of the newsletter itself to be more consistent with the new color scheme for our flagship journal, Health Psychology. Although this is more of a cosmetic (vs. substantive) change, I’m hopeful that this “make-over” will improve our newsletter. We’re also including a piece on Early Career Professionals (Many thanks to Zeeshan Butt) with hopes that future issues will also include regular segments related to young professionals in the field of health psychology. On a more somber note, the current issue includes a eulogy of our dear and respected colleague, Andy Baum as well as a call for obituaries to honor our professional colleagues who have recently passed. These types of contributions help to personalize our work as health psychologists and are often quite inspirational. With the support of our Division Present, Christopher France, we also are in the process of establishing a foundation for mutual collaboration and dialog with international organizations who also share a passion for the field of health psychology. Keep an eye out for future contributions from these organizations!
Last but not least, I wanted to thank the Division for this opportunity to serve as the editor of The Health Psychologist. I especially wish to voice my appreciation to Bob Kerns for taking time out of his busy schedule to talk to me about this opportunity years ago. He planted a seed in me back then which today has blossomed into this first issue of The Health Psychologist under my editorship. I am grateful to everyone who continues to be part of the team-effort required for creating The Health Psychologist. I obviously could not produce the newsletter alone. I am thankful for every person who has provided a submission for consideration to The Health Psychologist and look forward to more submissions in the future. I also want to extend an open invitation to any of our Division’s members to consider a submission to our newsletter. I would love to hear from you … and others probably would as well! E-mail submissions are gladly accepted at editor-thehealthpsychologist@comcast.net.
Member Representative Program Launched To Promote Interest in Health Psychology and Membership in Division 38

The Membership Committee has initiated a new program that involves having representatives interested in promoting Division 38 serve as a local contact for the Division. These reps will play a very important role in providing personal connection and outreach to members and potential members. Their mission is to create opportunities for increased membership involvement on a local as well as a national level. A secondary goal is to increase the visibility of the discipline of health psychology within institutions and local communities. Ideally, this initiative will lead to increased membership and increased retention across time.

This year has served as a pilot test of the program; our inaugural group of representatives, who deserve our thanks, are:

Melissa Franks  Purdue
Aurora Sherman  Oregon State University
Mark Lumley  Wayne State  (Along with graduate student Elyse Sklar)
Joan Chrisler  Connecticut College
Allen Sherman  University of Arkansas for Medical Sciences
Sam Sears  Eastern Carolina University
Betsy Altmaier  University of Iowa
Tom Merluzzi  Notre Dame
John Ruiz  University of North Texas
Heidi Hamann  University of Texas-Southwestern Medical Center
Pat Tomich  Kent State University-Trumbull
Qian Lu  University of Houston
Austin Baldwin  Southern Methodist University
Pablo Mora  University of Texas-Austin

Some rep activities involve simply making people aware of Division 38—posting flyers, sending out information by email, directing people to the website for further health psychology-related information. They are asking colleagues whether they are members; creating conversations about why/why not/ how to join. Importantly, reps follow up with people over time to remind them and keep issues of the Division salient.

Early career professionals are an important focus of representatives’ activities. One representative this year, for example, addressed graduate students in a pro-seminar about the importance of professional memberships for networking and creating opportunities for career development.

(Continued on page 12)
From the Student Representatives  
Kadian S. Sinclair, M.S.  
Luz M. Garcini, M.A.

What a great start to the year! We have made significant progress on previously established goals for the up-coming year. Thus far, we have conducted a conference call for our fall series on a discussion to provide trainees with guidance in securing a Health Psychology Clinical Internship. The conference call was held in November 2010 and was led by expert presenter Dr. Lori Waxenburg, Director of Internship Training for the Clinical Psychology Program in the Department of Clinical and Health Psychology at the University of Florida. Dr. Waxenburg made excellent recommendations for tailoring your graduate work for internship and how to make your internship application stand out: Do’s and Don’ts and tips for interviewing. The winter conference call is scheduled for March 2011, and will focus on providing trainees with tips for publication: the ins and outs of getting a manuscript accepted.

Also, continuing with previous endeavors to increase recruitment and retention of members, as well as increasing opportunities for mentoring and networking within the division, we would like to alert you to the upcoming division events geared towards students at the 2011 APA convention. Start planning and join us in Washington, DC Aug 4-7 for these events!

Panel discussion: “Diversifying Health Psychology: How to Promote Diversity Training and Research in Health Psychology.” Expert presenters include Dr. Tracey Revenson, Dr. John Ruiz, and Dr. Keith Whitfield.

Conversation hour: "Navigating the Funding Maze: Helping Graduate Students, Post-docs, and Early Career Professionals Find and Utilize What’s Available." Expert presenters include Dr. Zeeshan Butt, Dr. Nabil Hassan El-Ghoroury, and Dr. Justin Nash.

Informal Conversation hour: “Tips for Engaging in a Job Search.” Various senior professionals will gather to offer advice to students, post-docs, and early career professionals related to engaging in a job search (Event to be held in the Div. 38 Suite).

There will also be a student-related social hour, as well as a number of research symposia on health related issues.

As we continue to work on these initiatives, we welcome your ideas and suggestions on improving opportunities for mentoring and networking. Please let us know your needs or ideas related to mentoring and networking by emailing us at div38studentreps@gmail.com. Also, please visit the Student Resources section of the Division’s website at www.health-psych.org/StudentResources.cfm for recordings of previous conference calls, as well as updates on upcoming events and opportunities.

Finally, please sign up for our listservs to stay informed about division events. Members are not automatically signed up for the listservs. To subscribe to the main division listserv, send an email to listserv@lists.apa.org. In the body of the email (not the subject line) type SUBSCRIBE DIV38 (your name). To subscribe to the student listserv, send an email to listserv@lists.apa.org. In the body of the email (not the subject line) type SUBSCRIBE DIV38STU (your name).
Doctoral-level members of APA will see their dues reduced next year as a result of action taken by the Council of Representatives at its February meeting. In addition to passing a $40 reduction to the annual full members’ dues, the Council adopted six new or revised guidelines, including a set to guide evaluations in child protection matters, and accepted several presidential task force reports. The Council also established a new task force to create guidelines for psychologists’ use of telepsychology.

“I’m very proud of the work of the association as reflected in the actions taken by Council at this meeting,” APA President Melba J. T. Vasquez, PhD, said at the close of the 2 ½-day meeting. “The guidelines and task force reports are now a part of the official APA record and will help psychologists do their jobs and continue to serve the public.”

The reduction in full members’ dues, from the current $287 to $247 beginning in 2012, is part of an overall redesign of the association’s dues schedule as proposed by the Membership Board. The revised schedule moves the association from a dues schedule based on discounts for specific constituency groups to reduced costs for all full members. Early career members will still enjoy reduced dues for their first eight years of membership. This action rescinds a 2011 Council decision to grant a $25 dues discount to APA members who are also members of the Federation for the Advancement of Behavioral and Brain Sciences, the Association for Psychological Science, the Society for Neuroscience, the state, provincial and territorial psychological associations and the four national ethnic minority psychological associations.

The Council also approved in principle changes to the current eligibility requirements for life status members. These changes require amendments to the Association Rules and Bylaws and therefore will be put before a vote of the full membership this fall.

In other actions, the Council voted to:

- Adopt guidelines in the areas of parenting coordination; practice in health care delivery systems; psychological evaluations in child protection matters; assessment of and intervention with people with disabilities; evaluation of dementia and age-related cognitive change; and psychological practice with lesbian, gay and bisexual clients.

- Allow the publication of diplomate credentials in the APA Membership Directory if the credential is in a specialty or proficiency area that is officially recognized by APA through its Commission for the Recognition of Specialties and Proficiencies in Professional Psychology and meets other criteria as established by the Council’s vote. These criteria include that the credential is offered by a non-profit group and is awarded based on a review and verification of the individual’s training, licensure, ethical conduct status and an assessment of the candidate’s competence in the specialty area by way of an examination.

- Approved the report of the 2010 Presidential Task Force on Advancing Practice. The work of the task force included the launch of PsycLINK, the APA practice wiki, an online resource for information sharing and collaboration amongst psychologists. Visit the wiki at http://psyclink.apa.org/display/ITS/PsycLINK+-+The+Practice+Wiki

- Approved the report of the 2010 Presidential Task Force on Caregiving. The work of the task force included the creation of a Web-based resources “briefcase” for psychologists and members of the public on care-giving issues. See the web-based brief-case at http://www.apa.org/pi/about/publications/caregivers/index.aspx

- Adopted as APA policy the Principles for Quality Undergraduate Education in Psychology. These principles replace an earlier version and are an outgrowth the 2008 APA National Conference on Undergraduate Education in Psychology. The guidelines articulate a set of learning goals and outcomes that should be attained by all psychology majors. See the full guidelines at http://www.apa.org/ed/precollege/about/psymajor-guidelines.pdf
Council meeting, continued

(Continued from page 11)


Adopted a resolution affirming APA’s recognition of the importance of the psychological aspects of the way humans relate to the environment and supporting psychologists’ involvement in research, education and community interventions in improving public understanding of global climate change impacts and ways in which psychology can help mitigate those impacts.

Approved a new Division 43 journal, The Family Psychologist.

Enlarged the Committee on Early Career Psychologists from six to seven members.

Approved the 2011 association budget, including operating expenses of $106,857,300 and forecasted revenue of $106,877,300.

A proposal to provide seats on the Council for representatives for the four ethnic minority psychological associations was postponed to be raised before the Council at its August 2011 meeting. Three of the four associations are now represented on the Council by appointed non-voting delegates; ABPsi (The Association of Black Psychologists) is represented by a non-voting Observer to Council.

Member Representative Program, continued

(Continued from page 9)

Teaching courses or giving guest lectures in others’ classrooms about health psychology is an important way to spread the word about health psychology. One group has started a Health Psychology Journal Club in the department, which they use as an opportunity to read each other’s manuscripts, host speakers, create collaborations, and generally promote health psychology.

In a city with multiple universities or hospitals nearby, representatives are planning to host a get-together or series of get-togethers (e.g., mini-conference, speaker, roundtable, cocktail social hour) with other local groups. In programs with links to medical schools, representatives are seeking opportunities to meet with psychologists in those settings and forge closer links. Part of this effort may involve invitations for speaking engagements as well as establishing a regular series of speakers or events.

The sky is the limit for the kinds of activities member representative can create. We are now looking for others who will be willing to serve Division 38 by being member representative at your site (college, university, hospital, etc.) If you would like to volunteer, or to find out more, please contact me at crystal.park@uconn.edu. We would like to get a larger group and plan to provide support by linking the representatives and making some small seed funds available for hosting membership-related events.
Dr. Andy Baum passed away suddenly on Monday, November 22, 2010 at the early age of 62, just before the Thanksgiving holiday weekend. It gave me a new perspective of this holiday because, gathered with my three sons who knew Andy well, we not only gave thanks for the many blessings we had during this past year, but also thanks for allowing us to have had Andy as our dear friend for the past 30 years. We were happy telling many “Andy stories,” including many about his beloved cats. My sons all remembered their initial contacts with Andy, who insisted that they call him Andy rather than Dr/Mr. Baum. It was the first time in their young lives that they were able to address an adult by his first name. This habit continued throughout his life, with him asking everyone, including students, to call him Andy. He had a great impact on everyone he worked with, especially his students. I have received many emails since his passing from his former students/colleagues, such as the following:

“Nothing that can be said to make our loss easier... Andy meant more to me than words could express; he was one of my main mentors in shaping both my professional career and in helping me grow personally.”

“I am tremendously sorry for your loss. Andy was an incredible man who impacted so many. I truly wouldn’t be where I am today if it weren’t for him. He will be missed."

“I wanted to thank you for affording me the opportunity to work with him. He was a character, and also a hell of a researcher, and he then became a friend.”

“Rest in peace, AB. You were a great boss, mentor, person and friend. You will be greatly missed by all of those who were fortunate enough to have known you.”

“We are left with big shoes to fill and a person of great compassion to honor. It is a testament to his character that he leaves such a large wake.”

“Andy, I miss you. You were the tree that sprouted many roots, and careers were made under your tutelage... Rest in peace... you will always be in my heart.”

Andy was born in Washington, D.C. on October 3, 1948, the first of two sons born to Myron and Beatrice Baum. He subsequently grew up in Silver Spring, Maryland. He received his BS in Psychology from The University of Pittsburgh in 1970, and then his Ph.D. in Psychology from the State University of New York (SUNY) at Stony Brook. At that time, he met his wife, Carrie, who also received her doctorate in Psychology. He was preceded in death by his father, Myron, and is survived by his mother, Beatrice, his wife Carrie, son Jesse, daughter Callie, new granddaughter Kaylee Faye Turner (daughter of Callie and Ethan), his brother (Robert) and sister-in-law (Peggy).

Andy was a major force in the field of Health Psychology, as attested by the many activities/ honors awarded to him: Executive Council, Academy of Behavioral Medicine Research; Fellow, American Psychological Association (Divisions 1, 8, 34, 38, 49); Outstanding Contributions to Health Psychology (Early Career Award), American Psychological Association, Division of Health Psychology; Master Lecturer, American Psychological Association; Outstanding Service, Society of Behavioral Medicine; Fellow, Society of Behavioral Medicine; Charter Fellow, American Psychological Society; Centennial Award, Early Career Contributions to the Science Directorate, American Psychological Association; Science Weekend Lecturer, American Psychological Association; Achievement Medal, Uniformed Services University of the Health Sciences; Outstanding Service Medal, Uniformed Services University of the Health Sciences; Distinguished Service Medal, Uniformed Services University of the Health Sciences; Fellow, Society of Personality and Social Psychology; Outstanding Contributions to Health Psychology (Senior Investigator Award), American Psychological Association, Division of Health Psychology. He was also on various committees, editorial boards (including serving as editor of two journals), and more -- too many to even begin to list here. Finally, he was a truly outstanding scientist and scholar, having published over 150 scientific research articles, over 70 book chapters, as well as being the author or editor of 39 books. He was also the Principal Investigator on 11 NIH grants, 3 NSF grants, 4 DOD grants, and numerous other extramural grants.

It never ceases to amaze me that the paths of people suddenly cross, not by chance alone, but due to earlier relationships in one’s life. In the case of Andy and me, the first time our paths almost crossed was at SUNY Stony (Continued on page 14)
Brook. I was there as an undergraduate student and graduated in 1969. I was very happy working in the laboratory of Dr. James Geer and wanted to remain at Stony Brook for my graduate training. However, it was then the policy of Stony Brook not to accept their own undergraduates to their graduate program in order to provide students with a different perspective of the field of psychology. As it turned out, Dr. Geer’s Ph.D. mentor was Peter Lang when they were at the University of Pittsburgh, and so Dr. Geer “shipped me out” to the University of Wisconsin where Dr. Lang was on faculty. At that same time, the new incoming graduate student class at Stony Brook included Andy Baum. I never did meet him, and so our paths almost crossed. However, one remnant of both of our careers at Stony Brook was the relationship that we developed with Dr. Jerome Singer, who was—as we all know—a great social psychologist who also later became one of the driving forces in the development of the field of Health Psychology. After completing our respective graduate training, my first faculty position was at The University of Texas at Arlington/UT Southwestern Medical Center at Dallas. Andy joined the faculty at Trinity College in Connecticut. We were still literally a thousand miles away from one another, and never had met. Our initial meeting subsequently occurred in 1978 when the only common faculty member in the lives of both of us—Jerome Singer—was in the early stages of developing the Department of Medical Psychology at The Uniformed Services University of the Health Sciences in Bethesda.

At that time, Jerry invited Andy, David Krantz, and me to join the department. For all three of us, this became the real starting point of our “accelerated academic careers.” It was interesting that, because the new University was not completely finished, we were initially in temporary facilities which required Andy, David and me to share a large office together along with our often puzzled secretary, Wanda. Poor Wanda had to put up with the antics of three new “young Turks” trying to talk over one another, competing with one another, collaborating with one another, etc. Although this office sharing was initially inconvenient, it turned out to be a blessing in disguise. In retrospect, this was an outstanding “forced bonding” experience which we all have looked back on as a valuable learning experience. Moreover, under the tutelage of Jerry, we all became enmeshed with integrating our specialties with the new emerging field of Health Psychology. In fact, during this time, Andy and I wrote the first textbook in Health Psychology (David became a third author on the second edition). Andy and I had fond memories of writing this book together because it was the first example of how “driven” we were in terms of getting things accomplished which would lay the foundation for our prolific future academic careers. We actually had a non-verbalized competition in terms of writing our chapters. I remember that, after we signed the contract for the textbook, Andy produced his first chapter in two weeks. I was amazed at this unexpected production speed and subsequently had my first chapter written in two-to-three weeks. Meanwhile, Andy was writing his second chapter and had it completed shortly after I completed my first chapter. And so it went. With this rhythm, we actually completed the first draft of the entire book in about three months, with it being published within a year after signing the contract. An Introduction to Health Psychology was the very first non-edited book in this new field, and was published in 1983 by Addison-Wesley Publishers. This started the trend in our academic production lives in terms of getting used to working 24/7 in the field in which we were entirely enmeshed and grew to love because of the new frontiers into which we were expanding as a profession. Of course, we asked Jerry Singer to write the foreword to the textbook, which he enthusiastically agreed to do for us. We were immediately reinforced for our work ethic in producing this book by the outstanding foreword that he wrote, which read as follows:

“…the field of health psychology has become a veritable mixing bowl of the basic areas of psychology. Someone who wishes to become conversant with the entire field would find it necessary to master theories and techniques from clinical psychology, cognitive psychology, experimental psychology, neuropsychology, physiological psychology, social psychology—and the list goes on. As if there were not diversity enough, the span of the content areas includes health behavior, prevention, treatment, etiology of disease, rehabilitation, stress, adherence to medical regimes, and many additional topics. It is no wonder that the task of organizing all these materials, making sense of them, and presenting them in a way that students can use fruitfully has not, until now, been accomplished… The present volume takes a giant step toward filling that gap. Between them, Gatchel and Baum have expertise in a number of areas, including biofeedback, stress management, psychophysiology, environmental effects, clinical psychology, and social psychology. Their broad array of knowledge and experience in teaching and in medical research made them a natural choice as prospective coauthors. But it was their special skill in writing textbooks that enabled them to use all these materials to produce a first-rate product. Years ago, when both students and textbooks were fewer in number, texts were produced that
The Health Psychologist did more than just educate students. They served as codifiers, idea-providers, and handbooks for their fields. This book may well serve such a role and thus have a significant impact in shaping the field of health and medical psychology.”

--Jerome E. Singer

In 1981, the call of Texas and family resulted in my returning to The University of Texas Southwestern Medical Center at Dallas, where I joined the Department of Psychiatry, Division of Psychology. This was one of the most difficult decisions I had to make in my academic career because of my close ties to Andy, David and Jerry. However, in retrospect, this was the right move to make because we all were then able to develop our own independent identities. Andy started calling me Bubba because of my new Texan status and I, in turn, called him Andre just because I knew it would make him chuckle. Subsequently, in 1993, Andy moved to Pittsburgh, becoming the Director of the Behavioral Medicine and Oncology Program at The University of Pittsburgh Cancer Institute (UPCI), where he continued his illustrious career. He ended up as a Deputy Director of UPCI. There were three deputies - basic research, clinical, and him (“Lord High Poobah of Everything Else” we said). He had 80 people working under him.

Well, the universe was not yet finished with the lives of Andy and me. In 2004, I was offered the position as Chairman of Psychology, College of Science, at The University of Texas at Arlington, with the task of increasing the status of this department as a major research university department. I was given the opportunity to hire multiple new junior faculty, as well as more senior investigators. The first of such senior investigators I thought of was Andy, with whom I had continued to collaborate over our many years apart. I thought it would be a long shot in terms of getting Andy “out of the Northeast.” However, with some persuasion and multiple visits to the DFW area, Andy decided to give it a try. One of the selling points I gave Andy was the fact that “since he already wore cowboy boots, he would be able to purchase them at a lower price down in Texas cowboy boot country.” When Andy, his wife Carrie, his son Jesse, and his daughter Callie arrived, they all became instant Texans. They were able to purchase a three-acre lot outside the city where they subsequently started raising horses, along with their cats and dogs. Also, they soon became Texas “oil and gas folks,” with the large Barnett Shale Natural Gas reserve running under their property, for which they began receiving natural gas lease payments. True Texans they were! We were also able to get Carrie a position in the College of Science which she loved, and both Jesse and Callie excelled in one of the better school districts in the area. Jesse subsequently graduated from high school and was awarded an Outstanding Freshman scholarship in the College of Engineering at UT Arlington. If you could see Jesse now, one would swear he was born and raised in Texas because of his wearing cowboy boots and cowboy hats. Callie recently had her first child with her Texas high-school sweetheart.

Earlier this year, our great personal friend and colleague who was so instrumental in developing the field of Health Psychology, Jerry Singer, died. Andy helped to write the obituary for Jerry. I now have the great honor to write Andy’s. We will all miss you, Andre, as a friend, colleague and pioneering scholar in the field of Health Psychology. It is now fitting to end with one of Andy’s favorite quotes, which personified his approach to life: “To laugh often and much; To win the respect of intelligent people and the affection of children; To earn the appreciation of honest critics and endure the betrayal of false friends; To appreciate beauty; To find the best in others; To leave the world a bit better, whether by a healthy child, a garden patch or a redeemed social condition; To know even one life has breathed easier because you have lived; This is to have succeeded.”

The Andy Baum Memorial Fund has been established at The University of Texas at Arlington. This fund will continue Andy’s legacy in helping to develop a new Center for the Study of Health and Chronic Diseases.

-- Robert J. Gatchel, Ph.D., ABPP

Recalling Deceased Colleagues

Division 38 would like to honor members and other contributors to health psychology who have passed away during the past year. A moment of silence will be observed at the upcoming Division 38 Membership Meeting during the APA convention in Washington, DC.

Kindly forward the names of any health psychology colleagues, mentors or friends who should be honored during this moment of silence to Barbara Keeton, Administrative Officer, apadiv38@verizon.net by July 15, 2011.
2011 APA Convention

In 2011, APA is heading to our nation’s capital for the 119th Annual Convention. Division 38 will offer a program that emphasizes cutting-edge research and evidence-based practice and that reflects the diverse interests and achievements of our membership. The program committee is pleased to offer this preview of the 2011 program.

Highlighting the program are research-focused invited addresses by three accomplished psychologists. In an address relevant to all researchers in our field, Robert Kaplan, Ph.D., the newly appointed Director of the Office of Behavioral and Social Sciences Research at NIH, will present "Behavioral and Social Sciences Research Supported by the National Institutes of Health: Current and Future Priorities." The other two invited addresses will focus on new and exciting directions for behavior change. Colleen McBride, Ph.D., will discuss her work in a talk entitled, "Research Trailblazing: Can Genomics Bring Innovation to Behavior Change Interventions?" and Lee Ritterband, Ph.D., will present his research in a talk entitled, "2011 An eHealth Odyssey - or - The Internet as the Instrument for Behavior Change."

For the past two years, Division 38 has invited speakers to present evidence-based Clinical Health Psychology Grand Rounds. In both Toronto and San Diego, these talks were very well-received, and as such, conference-goers in D.C. will have the opportunity to attend these addresses as well. While planning your attendance this year, don’t miss the following invited presentations: "Evidence-Based Practice in Health Psychology: Translating Research into Practice One Patient at a Time," by Barbara Walker, Ph.D., & Charlotte Collins, Ph.D., "Computerised Cognitive Behavioural Therapies in Primary Care: Turning On, Tuning In, and (not) Dropping Out," by Kate Cavanagh, D.Phil, D.Clin.Psych., and "The Science and Practice of Behavioral Weight Control: Motivating and Facilitating Behavior Change to Promote Weight Loss and Maintenance," by Delia Smith West, Ph.D.

Also included in the program this year are a number of symposia that reflect hot topics and issues of concern in the field of health psychology. Two highly anticipated symposia this year are "Models of Integrated Primary Care: Evolving Roles for Psychologists," chaired by Robert McGrath, Ph.D., and "Racism and Health Disparities: State-of-the-Science and Future Directions," chaired by John Ruiz, Ph.D. Additionally, the recent and unexpected loss of one of health psychology’s most well-known researchers prompted the inclusion of a symposium entitled, "Professional and Research Contributions of Dr. Andy Baum to Health Psychology: A Celebration of his Career," chaired by Robert Gatchel, Ph.D.

As in previous years, Division 38 will continue to prioritize programming that is of particular importance to students and early career psychologists. As a follow-up to a popular discussion session at the San Diego convention, Marilyn Stern, Ph.D., will chair a panel of participants who will field questions about training and career paths in a session entitled, "Education and Training in Clinical Health Psychology: Everything You Wanted to Know as a Student, and Hopefully Will Ask." The Division 38 Student Representatives, Kadian Sinclair, M.S., and Luz Garcini, M.A., have also participated in program planning and will co-chair two offerings that target the early-career audience: "Diversifying Health Psychology: How to Promote Diversity Training and Research in Health Psychology," and "Navigating the Funding Maze: Helping Graduate Students, Post-docs, and Early Career Professionals Find and Utilize What’s Available."

Also highlighted this year are two conversation hours which will interest many Division 38 members. For those considering specialty certification, John Linton, Ph.D., will lead a discussion entitled "The ABPP in Clinical Health Psychology – Tips to Make Board Certification as Painless as Possible." Additionally, if you’d like to know more about Division 38’s official APA journal, don’t miss "Behind the Scenes at Health Psychology - Conversation Hour with the Editors," chaired by Anne Kazak, Ph.D.

The program committee would like to report that all addresses and symposia have been submitted to APA for continuing education approval. Therefore, we anticipate that many sessions will provide not only new knowledge, but also those much-needed, much-appreciated CE credits. Finally, please plan to set aside business for a while in order to join us for Division 38’s social event on Saturday evening – details will be forthcoming.
We look forward to seeing you in D.C.!

Jesse C. Stewart, Ph.D.
2011 Division 38 Program Chair
Assistant Professor of Psychology
Indiana University-Purdue University Indianapolis (IUPUI)

Kendra Ray Stewart, Ph.D., HSPP
2011 Division 38 Program Committee
Health Behavior Coordinator
Richard L. Roudebush VA Medical Center

Misty A. W. Hawkins, M.S.
2011 Division 38 Program Committee
Clinical Psychology Doctoral Student
Indiana University-Purdue University Indianapolis (IUPUI)

Thank You to Reviewers

On behalf of the 2011 Program Committee, I would like to extend a special thank you to those who served as reviewers of submissions for this year's APA Convention in Washington, D.C. Developing a high quality program for Division 38 would not be possible without your assistance and valuable contributions.

Sincerely,
Jesse Stewart
2011 Division 38 Program Chair

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(Continued on page 18)
(Continued from page 17)
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The Early Career Professionals (ECP) Council wants to hear from you!

By Zeeshan Butt, PhD
Northwestern University Feinberg School of Medicine

You may know that the Division 38 Board of Directors recently voted to establish the Early Career Professionals (ECP) Council "to promote and enhance the involvement of early career psychologists by providing a defined voice and presence within Division affairs." As the newly appointed chair of the ECP Council, I am writing to encourage your input and involvement in this important initiative.

The Council will be comprised of members who are within 7 years of completing their doctoral degrees and are engaged in establishing their professional careers. Specifically, Council members will work to promote the contributions and concerns of ECPs in Division matters by (1) participation on relevant Division Councils or Committees and (2) promotion of training and professional development through programming at the Annual Meeting and other venues.

After my first announcement over the Division listserv, I heard from several ECPs who are interested in developing and promoting ECP strengths within the Division and the profession, more broadly. In order to be successful, the Council will need to hear from you, too. If you are interested in becoming involved or in sharing your perspective, please give me a call (312-503-5519) or send me an e-mail (z-butt@northwestern.edu). If you know other early career health psychologists who are not be Division 38 members, but who may be interested in this effort, please encourage them to contact me, as well.

I look forward to working with you.
PAST-PRESIDENT
(Chair, Awards Committee, Finance Committee)
Jerry Suls, Ph.D.
jerry.suls@nih.gov

PRESIDENT
(Chair, Executive Committee; Co-Chair Long Range Planning Committee)
Christopher France, Ph.D.
france@ohio.edu

PRESIDENT-ELECT
(Co-Chair Long Range Planning Committee)
Elizabeth A. Klonoff, Ph.D., ABPP
eklonoff@sunstroke.sdsu.edu

TREASURER
David A. Williams, Ph.D.
daveawms@umich.edu

MEMBER-AT-LARGE
(Portfolio: Education & Training/Clinical Health Svcs)
Martita Lopez, Ph.D.
lopez@psy.utexas.edu

MEMBER-AT-LARGE
(Portfolio: Publications/Research)
Linda C. Gallo, Ph.D.
lgallo@sciences.sdsu.edu

MEMBER-AT-LARGE
(Portfolio: Membership/Diversity)
Vanessa L. Malcarne, Ph.D.
malcarne@psychology.sdsu.edu

APA COUNCIL REPRESENTATIVE
Robert D. Kerns, Ph.D.
robert.kerns@va.gov

APA COUNCIL REPRESENTATIVE
Helen L. Coons, Ph.D., ABPP
hcoons@verizon.net

DIVISION 38 ADMINISTRATIVE OFFICER
Barbara A. Keeton
Apadiv38@verizon.net