



Society for  
**HEALTH PSYCHOLOGY**



AMERICAN  
**PSYCHOSOMATIC  
SOCIETY**

### **Health and Behavior International Collaborative Award**

**Sponsorship:** This grant is jointly sponsored by the International Society of Behavioral Medicine (ISBM), the Society for Health Psychology of the American Psychological Association, and the American Psychosomatic Society.

#### **PURPOSE:**

- The purpose of the grant is to facilitate a minimum of a one week visit to an international laboratory or research group under the guidance of an identified international mentor. Each year three awards will be competitively granted. The proposed visit will be based on aims to pursue a **specific research project or a specific program development project** in the areas of health research, clinical behavioral health, or health promotion. The research or program development project should be **feasible** within the timeframe of the award. If the project cannot be completed within the time of travel, a plan for distance collaboration should be well-articulated.

#### **ELIGIBILITY:**

- Applicants can be trainees (graduate, professional students – e.g., residents) and ECPs (e.g., fellows, faculty) within 5 years of completing their terminal degree.
- There are no restrictions as to the applicant's age.
- Applicants will be considered for awards sponsored by organizations of which they are members. **Considerations will be made for applicants from developing countries.**
- International mentors must be members of one of the sponsoring organizations at the time of application.
- There is no country restriction to apply for funding from the ISBM or APS. If you are applying for funding from the Society for Health Psychology, either the mentor or applicant must be currently based in the USA.
- The mentor must not have served as a mentor for a Health and Behavior International Collaborative Award within the last two years.

#### **TERMS OF THE GRANT:**

- The applicant will receive \$3,000 USD to offset costs of travel and accommodations to visit the lab of an international mentor.
- The international mentor must demonstrate an ongoing commitment to work with the applicant to complete the project or academic goals described in the proposal.
- The award cannot be used to facilitate conference attendance.
- Within one year of the international lab visit, the trainee must submit a 3-5 page report to the Health and Behavior International Collaborative Research Award Committee **describing the status of each component of the initially proposed plan**, including information on activities and products generated with the help of this grant. These can include publications; presentations at conferences, colloquia, or symposia (or similar meetings); implementation of specific research methodology or clinical approaches in the applicant's home institution; generation of additional extramural (external) support; specific plans for continued collaboration.



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The trainee must acknowledge the Health and Behavior International Collaborative Research Award and the sponsoring organization (e.g., ISBM, Society for Health Psychology or American Psychosomatic Society) in publications and other products arising from work achieved as a result of this award.

## **APPLICATION DOCUMENTS:**

### **Applicant:**

1. Curriculum vitae for applicant (maximum of four pages)
2. A maximum 2-page letter (11 pt. font, ½ inch (1.27 cm) margins) providing:
  - (a) Under which organizations the applicant is applying (e.g., ISBM, SfHP, APS, or any combination)
  - (b) Description and justification for purpose and anticipated benefit of international visit.
  - (c) Overview of the **rationale and methodology** for proposed project, visit, and collaborative activity.
  - (d) Evidence of communication with the international research mentor (prior communication/discussion with mentor is expected).
  - (e) Clear outline of specific objectives of the proposed visit/project.
  - (f) A clear plan for executing above objectives, including preliminary timetable of activities during proposed with specific emphasis on the **feasibility** of the project within the proposed timeline.
  - (g) Outline of plan for continued collaboration and product. A budget plan (how funds will be utilized) including any additional resources committed by the mentor or institution.
3. A letter of support from the home institution or research mentor attesting to (a) support of the applicant's travel plans and its anticipated benefits, (b) support of the applicant's plans to produce scholarly work as a result of the award, and (c) the strength/qualifications of the applicant.

### **Mentor:**

1. Curriculum vitae (maximum of four pages)
2. A 1-page letter in which the international mentor:
  - (a) Agrees to be the trainee's mentor for the proposed visit.
  - (b) Testifies to any previous communication with applicant as well as the applicants' qualifications for the proposed project.
  - (c) Confirms that he or she has **sufficient time and resources** to support planned activities during the specified time period. The mentor is asked to include a specific statement regarding any resources or supplementary available to offset potential additional costs (e.g., extended visit).
  - (d) States that he or she has not served as a mentor for the Health and Behavior International Collaborative Award in the past two years



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## **AWARD SELECTION PROCESS:**

**Deadline:** March 30<sup>th</sup>, 2017

**Submission:** Please send submission to [H.B.InternationalAward@gmail.com](mailto:H.B.InternationalAward@gmail.com)

Applicants will be competitively considered for funding by each organization of which he or she is a member. Two representatives from each sponsoring organization will use a standardized scoring system to rank their choice of applicants. The scoring system will be developed by the International Collaborative Awards Committee with special attention to (a) scientific merit (i.e., background, methodology) of the proposed project; (b) clarity and feasibility of the proposed objectives/plans of the visit; (c) qualification of applicant; (d) support of the hosting institution/mentor; and (e) potential for ongoing scientific collaboration and product. The Health and Behavior International Collaborative Award Committee (which these representatives comprise) will collaboratively determine the final awardees. Applicants will be notified via email by **May 15, 2017** regarding the outcome of their applications.