



**QPOP: Division Approved Functional Tests – Links provided are for general information purposes only; the tests may be accessible via other links as well. Researching other links may be necessary to find questionnaires and some tests may require a fee for utilization.**

<b>Name of Test/Site Link</b>	<b>Body Part</b>	<b>Description</b>
<b><u>Quick DASH (Disabilities of the Arm, Shoulder and Hand)</u></b> <a href="http://dash.iwh.on.ca/quickdash">http://dash.iwh.on.ca/quickdash</a>	Upper Extremity	Shoulder, elbow and hand assessment
<b><u>Simple Shoulder Test</u></b> <a href="http://www.orthop.washington.edu/?q=patient-care/articles/shoulder/simple-shoulder-test.html">http://www.orthop.washington.edu/?q=patient-care/articles/shoulder/simple-shoulder-test.html</a>	Shoulder	Shoulder function only
<b><u>LEFS (Lower Extremity Functional Scale)</u></b> <a href="http://www.emoryhealthcare.org/physical-therapy/pdf/hip-lefs.pdf">http://www.emoryhealthcare.org/physical-therapy/pdf/hip-lefs.pdf</a>	Lower Extremity	Disorders for one or both lower extremities, standing, walking, running (higher functioning )
<b><u>Lower Limb Questionnaire</u></b> <a href="http://www.aaos.org/research/outcomes/Lower_Limb.pdf">http://www.aaos.org/research/outcomes/Lower_Limb.pdf</a>	Lower Extremity	Brief seven questions with ability to ambulate addressed (lower functioning)
<b><u>Oswestry Low Back Pain Disability Questionnaire</u></b> <a href="http://www.rehab.msu.edu/_files/_docs/Oswestry_Low_Back_Disability.pdf">http://www.rehab.msu.edu/_files/_docs/Oswestry_Low_Back_Disability.pdf</a>	Lumbar Spine	Functional questions with sleeping, lifting, walking, sitting and standing
<b><u>Quebec Back Pain Disability Scale</u></b> <a href="https://www.tac.vic.gov.au/files-to-move/media/upload/quebec_scale.pdf">https://www.tac.vic.gov.au/files-to-move/media/upload/quebec_scale.pdf</a>	Spine	Functional and emotional questions
<b><u>Neck Disability Index</u></b> <a href="http://www.maic.qld.gov.au/forms-publications-stats/pdfs/NDI.pdf">http://www.maic.qld.gov.au/forms-publications-stats/pdfs/NDI.pdf</a>	Cervical Spine	Ten questions addressing pain, personal care, headaches and functional deficits
<b><u>SF -36 and SF-12</u></b> <a href="http://www.rand.org/health/surveys_tools/mos/mos_core_12item.html">http://www.rand.org/health/surveys_tools/mos/mos_core_12item.html</a>	Physical Health	Assesses ADLs
<b><u>Dallas Pain Questionnaire</u></b> <a href="http://www.rehabilities.com/index_htm_files/dallas.pdf">http://www.rehabilities.com/index_htm_files/dallas.pdf</a>	Spine	Chronic pain
<b><u>Hand/Wrist Symptom Severity Scale</u></b> <a href="http://hqlo.biomedcentral.com/articles/10.1186/1477-7525-4-87">http://hqlo.biomedcentral.com/articles/10.1186/1477-7525-4-87</a>	Hand/Wrist	Hand and wrist specific
<b><u>PREE – Patient Rated Elbow Evaluation</u></b> <a href="http://srs-mcmaster.ca/wp-content/uploads/2015/05/English-PREE.pdf">http://srs-mcmaster.ca/wp-content/uploads/2015/05/English-PREE.pdf</a>	Elbow	Elbow joint specific
<b><u>Foot and Ankle Outcomes Questionnaire</u></b> <a href="http://www.aaos.org/research/outcomes/Foot_Ankle.pdf">http://www.aaos.org/research/outcomes/Foot_Ankle.pdf</a>	Foot and Ankle	Lower extremity functional ADLs
<b><u>Oxford Hip, Knee, Elbow, Shoulder and Shoulder Instability Score</u></b> <a href="http://www.orthopaedicscore.com">www.orthopaedicscore.com</a>	Hip, Knee, Shoulder and Elbow	Functional ADLs
<b><u>FOTO- Focus on Therapeutic Outcomes, Inc.</u></b> <a href="http://www.fotoinc.com">www.fotoinc.com</a>	Various Body Parts	Functional ADLs specific to body part



**QPOP: Division Approved Psychological Screens**

Name of Test/Site Link	Description
<b><u>BBHI 2 – (Brief Battery for Health Improvement – 2<sup>nd</sup> Edition)</u></b> <i>www.pearsonclinical.com</i>	Measures pain, functioning, somatization, depression, anxiety and defensiveness; brief measure of risk factors for delayed recovery
<b><u>DRAM – (Distress and Risk Assessment Method)</u></b> <i>https://www.worksafe.qld.gov.au/__data/assets/pdf_file/0005/76883/distress-and-risk-assessment-method-dram1.pdf</i>	Measures depression and somatic symptoms of anxiety, risk factors commonly associated with chronic pain
<b><u>CES-D (Center for Epidemiological Studies Depression Scale)</u></b> <i>http://cesd-r.com/</i>	Measures depression, 20 items
<b><u>BDI –II (Beck Depression Inventory -2<sup>nd</sup> edition)</u></b> <i>www.psychcorp.com</i>	Measures depression, 21 items
<b><u>PRIME-MD – (Primary Care Evaluation for Mental Disorders)</u></b> <i>http://www.psy-world.com/prime-md_print1.htm</i>	Two components: paper and pencil screen for patient and follow-up interview by physician. Assesses mood, anxiety, somatoform tendencies, alcohol and eating disorders
<b><u>Zung Depression Inventory</u></b> <i>www.glaxowellcome.com</i>	Measures depression, brief measure
<b><u>PHQ (Patient Health Questionnaire) and PHQ-9</u></b> <i>www.phqscreeners.com</i>	Self-administered version of the PRIME-MD. Assesses mood, anxiety, somatoform tendencies, alcohol and eating disorders

**Program with Functional Tests and Psychological Screen:**

<b>COMT- Comprehensive Outcomes Management Technologies</b>	Functional and Psychological Assessment Tool
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\*\* Requests to include additional tests to the above list can be directed to Gina Johannesman, MPT at [gina.johannesman@state.co.us](mailto:gina.johannesman@state.co.us) or (303) 318-8752.