AIDS CARE GROUP
POSTDOCTORAL RESIDENCY IN CLINICAL PSYCHOLOGY

For more information, please visit:
www.AIDSCareGroup.org/project/mental-health-services/

or contact the Residency Program Director, Shay Selden, PsyD, MEd at ShaySelden@AIDSCareGroup.org

ACG participates in APPIC’s common application system.
To apply through APPA CAS, first create a login at https://appicpostdoc.liaisoncas.com/
and select AIDS Care Group as your applicant program.

A Residency Dedicated to Serving the Underserved

AIDS Care Group (ACG) offers a one-year full-time postdoctoral residency training in clinical psychology, with a focus on addiction treatment and integrative medicine. The program at ACG is strategically located within an area accessible to many low-income, underserved communities, and is an area in the midst of an opiate addiction crisis. Individuals in the communities that ACG serves most often would not have access to high quality, long-term psychological treatment. Practicing psychology within a primary care setting allows ACG to reach and holistically treat individuals who may otherwise be lost in the cracks of poorly connected healthcare systems.

ACG believes that treatment must be integrative and holistic to address the complexity of leading public health conditions. In order to do this, Psychology Residents first need to have a strong foundation in clinical psychology. This foundation allows Residents to effectively work with the associated psychological conditions acting alongside these public health conditions. Effective psychological practice at ACG also necessitates training in addiction, a common condition associated with public health conditions. At the intersection of all this, Residents also are trained in integrative medicine so that they may consult and coordinate effectively with medical and allied health professionals to affect and maintain lasting change.

Resident Responsibilities

Direct Patient Care: The majority of a resident’s time is spent in direct patient care. Patients are seen at a minimum of once per week for individual therapy, but may be seen more frequently depending on patient needs. Residents are expected to devote at least 50% of their week to direct service, and maintain a caseload of about 15 individual psychotherapy patients, and at least one psychotherapy group per week.

Treatment Team Member / Care Coordination: Residents are expected to engage in team case conferences as active members of the team, through which they may gain skills in interprofessional collaboration and consultation.

Peer Consultant: The postdoctoral resident acts as peer consultant to a group of psychology interns and other unlicensed mental health clinicians. Topics of discussion are dependent on group needs, but center around
professional development, clinical content with focus on the integrative approach at ACG, as well as case conceptualization and treatment.

**Maintenance of Records:** Residents are expected to maintain record of their notes for all psychotherapy encounters, patient phone contact, external care coordination, and case conference discussions of patients. Residents are also expected to complete intakes, which include documentation of biopsychosocial assessments.

**Training Structure**

**Individual Supervision:** 2 hours per week is spent in individual supervision with doctoral-level licensed psychologists. Supervision focuses directly on patient material and direct clinical work, as well as on larger topics of intervention, diagnosis, addiction, and professional development.

**Didactic Training:** 1 hour per week on topics related to clinical psychology, integrative medicine, and addiction treatment.

**Group Supervision of Group Psychotherapy:** 1 hour per week, facilitated by a doctoral-level licensed psychologist. This supervision introduces educational concepts in addition to clinical analysis of group sessions.

**Group Supervision of Residents:** 1 hour per week, facilitated by a doctoral-level licensed psychologist. This supervision is held exclusively for postdoctoral residents, as a space to discuss professional development issues, such as preparing for licensure. Residents also utilize this supervision for case presentation and discussion with clinicians at their same level of training.

**Team Case Conferences:** 3 one-hour sessions per week. Interdisciplinary, co-led by a doctoral-level licensed psychologist and higher-level medical professional. Decisions regarding patient treatment occur in these meetings. This is a space in which residents are expected to consult with and to medical professionals in addition to fellow mental health clinicians.

**Required materials for application**

1. CV and letter of interest
2. 3 letters of reference, with at least one having been a direct supervisor of the applicant’s clinical work
3. Official transcript of completed doctoral coursework
4. Verification of completed, or to be completed clinical internship (e.g. certificate of completion, written verification from internship director/supervisor)

**Salary and Benefits**

1. **Salary:** Well above regional average: 2018-2019 Salary for postdoctoral residents was $67,000
2. **Paid Time Off:** PTO is vacation, sick and or personal time other than designated work holidays. ACG provides a maximum of 20 days of PTO in a given year to Full-Time employees who work 35+ hrs a week.
3. **Group Health Insurance:** Keystone Health Plan East, paid fully by the agency.
4. **Licensure Assistance:** ACG can help assist in the attainment of licensure by providing financial assistance for the cost of EPPP test registration, as well as documentation required for licensure application.
5. **Professional Development:** Financial assistance for attending external trainings
6. Group Life Insurance
7. Workers' Compensation Insurance
8. 403(b) Retirement Plan